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| **December 21st 2017**  **Sunday** | January 2018 Orchard Walk  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **1**  **New Year’s Day**  9:30 Knitting and Crochet Group 3rd – self Run  2:00 Classic Movie-Ch 69  2:30 Movie “”  Theatre Room  6:30 Scott and Bailey CH 69 | **2**  9:00 Manicures with YAZMIN  10:00 Balance Class- 3rd  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:30 Brain Games-1st fl floor  11:15 Wellness Class-3rd  2:00 Bingo  2:00 Comedy Movie- Ch 69  3:15 Hot Chocolate Cart  3:45 Jeopardy 1st fl  6:30 Scott and Bailey CH 69 | **3**  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:30 3rd Floor Activities  2:00 Art Group 1st floor  2:00 Western Movie-Ch 69  *2:00 Singalong with Margie and Bruce*  6:00 Euchre with Liz 1st fl  6:30 Scott and Bailey CH 69  7:30 Ottawa Sens VS Detroit | **4**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  10:30 OT Dog Lucy visits-3rd  *10:30 Catholic Rosary-chapel*  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  *3:00 Food Committee Mtg*  3:30 “Spelling Bee” Boardroom  6:30 Scott and Bailey CH 69 | **5**  FOOTCARE NURSE IN  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:00 Chair Exercises 3rd fl  10:30 Giant Crossword-1st  2:00 Romance Movie- Ch 69  *2:00 Social Hour & Entertainment with Bob Schwartz*  6:30 Scott and Bailey CH 69  7:30 Ottawa Sens VS San Jose | **6**  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie “” Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 Scott and Bailey CH 69  7:00 Ottawa Sens VS Tampa Bay |
| **7**  10:00 Cable Girls-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with Bob Caines  2:00 Documentary-Ch 69  2:00 Movie Theatre Room  3:15 Giant Crossword-1st fl  6:30 Scott and Bailey CH 69 | **8**  9:30 Knitting Group-3rd  10:00 Call The Midwife Ch 69  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie –” Theatre Room  3:00-&3:30 Ice Cream  *4:00 Rev Hartman Hymn Sing*  6:30 Scott and Bailey CH 69 | **9**  9:30 Mary Cook Stories/ Fran-1st fl  10:00 Balance Class- 3rd  10:00 Eye Clinic- Boardroom  10:00 Ms Fisher’s M Mysteries-Ch 69  10:30 Brain Games  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:30 Residents Council Meeting  3:15 Hot Chocolate Cart  6:30 Scott and Bailey CH 69  7:30 Ottawa Sens VS Chicago | **10**  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  2:00 Tea and Scones 1st floor  *6:00 Euchre with Liz*  6:30 Scott and Bailey CH 69  7:30 Hockey Night Ottawa VS Toronto | **11**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  *10:30 Catholic Rosary-chapel*  11:15 Wellness Class-3rd  1:30 Rideau Carleton Slots  2:00 Classic Movie- Ch 69  2:00 Bingo  2:00 Bridge-3rd floor  6:30 Scott and Bailey CH 69 | **12**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Barrhaven Fiddleheads  6:30 Scott and Bailey CH 69 | ***13***  9:15 Brain Games-1st fl  10:00 When Calls The Heart-CH 69  11:00 Tai Chi-3rd fl  1:15 Bingo  2:00 Classic Movie Ch 69  2:00 Movie” Theatre Room  2:30 Entertainment with Dennis Doermer on piano  6:30 Scott and Bailey CH 69 |
| **14**  10:00 Cable Girls-Ch 69  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie Theatre Room  2:00 Ecumenical Service with Rev Gratton  3:30 Japanese Tea Ceremony  With Camilla Teas- Suites  4:00 Bianca and Izzy play piano  6:30 Scott and Bailey CH 69 | ***15***  *FOOTCARE NURSE IN*  9:30 Knitting Group 3rd  10:00 OMS Walker Clinic 1st fl 10:00 Call The Midwife Ch 69  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie ” Theatre Room  3:00-&3:30 Ice Cream  3:30 Shannon Singalong  6:30 Scott and Bailey CH 69 | **16**  9:00 Manicures/ Yazmin  10:00 Balance Class- 3rd  10:00 Miss Fisher’s M Mysteries C69  10:30 Brain Games-1st fl floor  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  1:15 Hot Chocolate Cart  2:00 Bingo  3:00 Suites Residents C. Meeting  6:30 Scott and Bailey CH 69 | **17**  *9:15 Shopping at Merivale Mall*  9:30 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  *3:00 George on Piano 1st fl*  *6:00 Euchre with Liz*  6:30 Scott and Bailey CH 69 | **18**9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  *10:30 Catholic Rosary-chapel*  10:30 OT Dog Lucy visits-3rd  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus OVLC*  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  2:45 Latin Chair Dancing  3:30 Humane Society Presentation  6:30 Scott and Bailey CH 69  7:30 Ottawa Sens VS St Louis | **19**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 Giant Crossword  2:00 Romance Movie- Ch 69  2:00 Social Hour and Entertainment with Noel Dimaranon  6:30 Scott and Bailey CH 69 | ***20***  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie” Walk The Line Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 Scott and Bailey CH 69  7:00 Ottawa Sens VS Toronto |
| **21**  10:00 Cable Girls-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie Theatre Room  2:00 Ecumenical Service with Rev Gratton  3:15 Giant Crossword Puzzle-1st fl  6:30 Scott and Bailey | **22**9:30 Knitting Group-3rd fl  **10:00 Davidson Hearing Clinic**  10:00 Call The Midwife Ch 69  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  2:00 Classic Movie-Ch 69  2:00 Bingo-1st fl  2:30 Movie ” Theatre Room  3:30 Grateful We Are Not Dead Band-1st fl  6:30 Scott and Bailey CH 69  7:30 Ottawa Sens VS Minnesota | **23**10:00 Balance Class  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:30 Brain Games  11:15 Wellness Class  11:15 Catholic Rosary  2:00 Comedy Movie- Ch 69  2:00 Bingo  3:15 Hot Chocolate Cart  6:30 Scott and Bailey CH 69  6:30 Dutch Treat Entertainers  7:30 Ottawa Sens VS St Louis | **24**  *9:15 Shopping at Bank Street Giant Tiger*  9:30 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  3:00 Armchair Travel To Russia with Percy Bateson  *6:00 Euchre with Liz*  6:30 Scott and Bailey CH 69 | **25 ROBBIE BURNS DAY**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  10:00 Ecu Service with Rev Andrea Thomas- Anglican  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  6:30 Danielle’s Highland Dancers  6:30 Scott and Bailey CH 69  7:30 Ottawa Sens VS Boston | **26**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 Giant Crossword  2:00 Romance Movie- Ch 69  2:00 Entertainment with Jack Schoular and Birthday Bash  7:30 Hockey Night Ottawa VS  6:30 Scott and Bailey CH 69 | ***27***  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  *12:15 Tosca Opera Barrhaven Cinema Cost $27*  2:00 Classic Movie Ch 69  2:00 Movie” Walk The Line Theatre Room  6:30 Scott and Bailey CH 69 |
| **28**  10:00 Cable Girls-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie Theatre Room  2:00 Ecu Service K Holman  3:15 Giant Crossword Puzzle-1st fl  6:30 Scott and Bailey  6:30 Asian Dance Performance | **29** FOOTCARE NURSE IN  9:30 Knitting Group-3rd fl  10:00 Call The Midwife Ch 69  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  *11:30 Swiss Chalet for Lunch*  2:00 Bingo-1st fl  2:00 Classic Movie-Ch 69  2:30 Movie ” Theatre Room  3:30 Latin Chair Dancing-1st  6:30 Scott and Bailey CH 69 | **30**  9:00 Manicures/ Yazmin  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  11:15 Catholic Rosary  2:00 Comedy Movie- Ch 69  2:00 Parrot Partner Show- Suites  3:15 Hot Chocolate Cart  3:30 Bingo-1st fl  6:30 Scott and Bailey CH 69  7:30 Ottawa Sens VS Carolina | **317-8 a.m. & 11- 12** Pounds Pulse /Pressure-  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  **3:00 You Be The Judge**  6:00 Euchre with Liz  6:30 Scott and Bailey CH 69 |  |  |  |