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| **Sunday** | **Monday** | February 2018 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **Jan 30th 2018** |  |  | **1**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 69*10:15 Catholic Rosary-chapel*11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st*3:00 Food Committee Mtg*3:30 “Spelling Bee” Boardroom 6:30 Scott and Bailey CH 69 | **2****9:00 Manicures with Yazmin***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:00 Chair Exercises 3rd fl10:30 Giant Crossword-1st 2:00 Romance Movie- Ch 69*2:00 Social Hour & Entertainment with Margie and Bruce*6:30 Scott and Bailey CH 69 | **3**10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl *1:00 Ottawa Vs Philadelphia*2:00 Classic Movie Ch 692:00 Movie “Bridges of Madison County” Theatre Room3:30 Stick to the Rhythm with Rozsa-3rd floor6:30 Scott and Bailey CH 69 |
| **4**10:00 Cable Girls-Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion*1:00 Montreal Vs Ottawa Senators* 2:00 Ecumenical Service with Bob Caines 2:00 Documentary-Ch 692:00 Movie “Bill Durham” Theatre Room3:15 Giant Crossword-1st fl6:30 Super Bowl Football and munchies-1st floor 6:30 Scott and Bailey CH 69 | **5**9:30 Knitting Group-3rd 10:00 Call The Midwife Ch 6910:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl2:00 Rideau Carleton Slots2:00 Classic Movie-Ch 692:00 Bingo2:30 Movie –“ Duplicity” Theatre Room  3:00-&3:30 Ice Cream 3:30 Shannon Singalong6:30 Scott and Bailey CH 69 | **6**10:00 Balance Class- 3rd10:00 Ms Fisher’s M Mysteries-Ch 6910:30 Brain Games11:15 Wellness Class-3rd*11:30 Men’s Luncheon*2:00 Comedy Movie- Ch 692:00 Bingo3:30 Hot Chocolate Cart*4:00 Rev Hartman Hymn Sing*6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS New Jersey | **7***9:15 Shopping at Kemptville*9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f**10:30 1st Floor Activities**2:00 Western Movie-Ch 692:00 Art Group 1st floor3:15 Jeopardy Game*6:00 Euchre with Liz*6:30 Scott and Bailey CH 69 | **8**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 69*10:15 Catholic Rosary-chapel*11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bingo2:00 Bridge-3rd floor3:30 Words of the Wise Trivia 6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS Nashville | **9 Opening Ceremonies Olympic Games***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 692:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Russell Male Choir6:30 Scott and Bailey CH 69 | ***10***10:00 When Calls The Heart-CH 69**10:15 Ron’s Bingo**11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie “ Angels in Stardust” Theatre Room6:30 Scott and Bailey CH 697:00 Hockey Night Ottawa VS Toronto |
| **11**10:00 Cable Girls-Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Movie “Hardball” Theatre Room 2:00 Ecumenical Service with K Holman 3:15 Giant Crossword Puzzle-1st fl 6:30 Scott and Bailey CH 69 | ***12****FOOTCARE NURSE IN*9:30 Knitting Group 3rd10:00 Call The Midwife Ch 6910:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl*11:15 Kalisto Greek Restaurant* 2:00 Classic Movie-Ch 692:00 Bingo 2:30 Movie ” Theatre Room ***2:45 Leslie on Piano***3:00-&3:30 Ice Cream**3:30 PIE FACE Challenge for Heart and Stroke**6:30 Scott and Bailey CH 69 | **13 Shrove Tuesday**9:00 Manicures/ Yazmin 10:00 Balance Class- 3rd10:00 Miss Fisher’s M Mysteries C6910:30 Brain Games-1st fl floor11:15 Wellness Class-3rd 2:00 Comedy Movie- Ch 692:30 Residents Council Meeting 3:15 Hot Chocolate Cart3:30 Shuffleboard-1st fl6:30 Scott and Bailey CH 697:00 Hockey Night Ottawa VS Pittsburg | **14 Valentine’s Day***9:15 Shopping at Billings Bridge*9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f10:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Art Group 1st floor**2:00 Valentine’s Tea with****Classical Guitarist****Andrew Mah****3:30 Suites** **Valentines Tea with Andrew Mah***6:00 Euchre with Liz*6:30 Scott and Bailey CH 69 | **15**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 69*10:15 Catholic Rosary-chapel*10:00 Anna’s Travelling Gifts Vendor*10:45 Roman Catholic Mass*11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st2:45 Latin Chair Dancing6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS Buffalo | **16 Chinese New Year***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:30 Giant Crossword2:00 Romance Movie- Ch 692:00 Social Hour and Entertainment with Jumping Jimmy6:30 Scott and Bailey CH 69 | ***17***10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl *1:15 IRT High Tea and Play ”Wrong for Each Other” -$28*2:00 Classic Movie Ch 692:00 Movie ”The Big Divorce” Theatre Room2:00 Ottawa Sens VS New York Rangers 3:30 Stick to the Rhythm with Rozsa-3rd floor6:30 Scott and Bailey CH 69 |
| **18**10:00 Cable Girls-Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Movie “ Until September” Theatre Room 2:00 Ecumenical Service with K Holman 3:15 Giant Crossword Puzzle-1st fl 6:30 Scott and Bailey | **19 Family Day**9:30 Knitting Group-3rd fl10:00 Call The Midwife Ch 692:00 Classic Movie-Ch 69 2:30 Movie “ Sea Biscuit ” Theatre Room6:30 Scott and Bailey CH 698:00 Ottawa Sens VS Nashville | **20**10:00 Balance Class10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:30 Brain Games11:15 Wellness Class*1-4 Multigen Dental Clinic*2:00 Comedy Movie- Ch 69 2:00 Bingo3:00 Suites Residents C. Meeting3:15 Hot Chocolate Cart 3:30 Shuffleboard-1st fl6:30 Scott and Bailey CH 69 | **21***9:15 Shopping at Bank Street Giant Tiger*9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f10:30 O.W Olympic Games-1st fl2:00 Western Movie-Ch 692:30 Art Group 1st floor*3:00 George on Piano-1st fl**6:00 Euchre with Liz*6:30 Scott and Bailey CH 698:00 Ottawa Sens VS Chicago | **22***9:15 Manotick Shopping* 9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 6910:00 Ecu Service with Rev. Philip Kim 11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st6:30 Scott and Bailey CH 697:30 Ottawa Sens VS Tampa Bay | **23**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:30 Giant Crossword2:00 Romance Movie- Ch 692:00 Entertainment with The Red Wing Fiddlers and Birthday Bash6:30 Scott and Bailey CH 69 | ***24***10:00 When Calls The Heart-CH69 **10:30 Bingo**11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Entertainment with Marlene Fawcett2:00 Ottawa Sens VS Philadelphia 6:30 Scott and Bailey CH 69 |
| **25**10:00 Cable Girls-Ch 69 10:15 Wheel of Fortune-1st fl11:00 Catholic Rosary Prayer11:15 Catholic Communion*1:30 Sightseeing Bus OVLC*2:00 Documentary-Ch 692:00 Movie “Custer of the West” Theatre Room 2:00 Ecu Service Rev Gratton3:00 Bianca and Izzy on Piano-1st 6:30 Scott and Bailey | **26**FOOTCARE NURSE IN9:30 Knitting Group-3rd fl10:00 Call The Midwife Ch 6910:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl2:00 Bingo-1st fl2:00 Classic Movie-Ch 69 2:30 Movie ”Touring the World” Theatre Room3:00 Ice Cream Cart-1st 3:30 Latin Chair Dancing-1st 6:30 Scott and Bailey CH 69 | **27** 9:00 Manicures/ Yazmin 10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:00 Balance Class10:30 Brain Games11:15 Wellness Class2:00 Comedy Movie- Ch 69 2:00 Bingo-1st fl3:15 Hot Chocolate Cart3:30 Shuffleboard-1st fl6:30 Scott and Bailey CH 697:00 Ottawa Sens VS Washington  | **28**7-8 & 11-12 Pounds Pulse and Pressure- Chapel**9:15 Shopping at Carlingwood and Lunch Out** **9:30 Chair Exercises-1st fl****10:00 Chair Exercises- 1st fl**10:00 How The Universe Works-Ch 69**10:30 1st Floor Activities**2:00 Western Movie-Ch 692:00 Art Group 1st floor3:15 You Be the Judge- Boardroom6:30 Scott and Bailey CH 69 |  |  |