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| **Sunday** | October 2018 **Orchard Walk**  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Sept 278h**  **Saturday** |
| **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\Thanksgiving-Charlie-Brown-Snoopy[1].jpg** | **1**  **9:00 Manotick Shopping**  **10:30 Chair Exercises 3rd f**  **11:00 Chair Exercises 3rd fl 10:30 Catholic Rosary-chapel**  **2:00 Bingo 1st fl**  **2:30 Movie “Galapaos ” Theatre Room**  **3:00-&3:30 Ice Cream**  **3:00 Tea at Three-2nd Floor**  **3:30 Professor Cammy-1st fl** | **2**  **9:30 Mary Cook Stories with Fran**  **10:00 Balance Class- 3rd**  **10:15 Board games with Anna Marie-1st fl**  **10:30 Brain Games-1st fl floor**  **11:15 Wellness Class-3rd**  **1:30 Canasta with Peggy- 2nd fl**  **2:00 Bingo-1st fl**  **3:00 Tea at Three-2nd Floor**  **3:30 Shuffleboard-1st fl**  **4:00 Hymn Sing with Rev Hartman** | **3**  **9:00 Billings Bridge**  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd f**  **10:30 3rd Floor Activities**  **2:00 Art Group 3rd floor**  **2:00 Ottawa Therapy Dog Rufus Visits-3rd floor**  **3:00 Tea at Three-2nd Floor**  **PUB Nite &**  **6:30 Living Wish for Bert with a campfire on the Patio and singalong with Shannon**  **Hungarian Snacks** | **4**  **9:15 Reminiscence -Bdrm**  **10:00 Balance Class-3rd**  **10:45 Roman Catholic Mass**  **11:15 Wellness Class-3rd**  **11:00 Kars Luncheon**  **2:00 Bingo-1st**  **3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl**  **3:15 Meet Jay Tysick Councillor Osgoode Ward-3rd floor** | **5**  **9:00 Walking Club meet on patio**  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd fl**  **10:30 Giant Crossword-3rd fl**  **2:00 Romance Movie- Ch 69**  **2:00 Social Hour and Entertainment with Noel Dimar**  **3:00 Tea at Three-2nd Floor** | **6**  **9:15 North Gowers Farmers Market**  **10:15 Bingo**  **11:00 Tai Chi-3rd fl**  **2-3:30 Harvest Moon Dance with Velvet Touch -3rd fl**  **3:00 Tea at Three-2nd Floor**  **Kr** |
| **7 Thanksgiving Sunday**  **10:15 Giant Crossword Puzzle-1st fl**  **11:00 Catholic Rosary Prayer**  **11:15 Catholic Communion**  **2:00 Movie”Les Choristes” Theatre Room**  **2:00 Ecumenical Service with Bob Caines**  **3:00 Tea at Three-2nd Floor**  **K** | **8 Footcare Nurse In**  **Thanksgiving Monday**  **9:15 You Be The Judge-3rd floor**  **10:30 Catholic Rosary-chapel**  **2:30 Movie “ War of The Worlds ” Theatre Room**  **3:00-&3:30 Ice Cream**  **3:00 Tea at Three-2nd Floor**  **3:15 Bingo-** | **9**  ***9:00 Manicures/ Yazmin***  **10:00 Balance Class- 3rd**  **10:15 Board games with Anna Marie-1st fl**  **10:30 Brain Games-3rd fl**  **11:15 Wellness Class-3rd**  **1:30 Canasta with Peggy- 2nd fl**  **1:30 Chair Yoga with Georgia-3rd fl**  **2:30 Residents Council Meeting- 3rd floor**  **3:00 Tea at Three-2nd Floor**  **3:30 Shuffleboard-1st fl** | **10**  **9:00 Shopping at Barrhaven**  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd f**  **10:30 3rd Floor Activities**  **2:00 Art Group 3rd floor**  **2:00 The A’Chord Group entertains-PATIO? 20 folks**  **3:00 Tea at Three-2nd Floor**  **3:30 Ottawa Therapy Dog Rufus Visits-3rd floor** | **11**  **9:00 Manotick Shopping**  **9:15 Reminiscence -Bdrm**  **10:00 Balance Class-3rd**  **11:15 Wellness Class-3rd**  **10:30 Lets Bake Cookies-1st fl**  **1:00 -3 p.m. Shoe Sales Vendor-1st fl**  **2:00 Bingo-1st**  **3:00 Tea at Three-2nd Floor**  **3:00 Bridge 2nd fl**  **3:00 Latin Chair Dancing-1st** | **12**  **9:00 Walking Club meet on patio**  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd fl**  **10:30 Giant Crossword-3rd fl**  **2:00 Romance Movie- Ch 69**  **2:00 Social Hour and Entertainment with Margie and Bruce**  **3:00 Tea at Three-2nd Floor** | **13**  **11:00 Tai Chi-3rd fl**  **2:00 Movie-“ Elizabeth the Golden Age”- Theatre Room**  **2:15 Bingo-1st floor**  **3:00 Tea at Three-2nd Floor**  **3:30 Stick to the Rhythm with Rozsa**  **G** |
| **14**  **10:15 Family Feud-1st fl**  **11:00 Catholic Rosary Prayer**  **11:15 Catholic Communion**  **2:00 Movie-“James Franco 127 Hours” Theatre Room**  **2:00 Ecumenical Service with Rev Gratton**  **3:00 Tea at Three-2nd Floor**  **G** | **15**  **9:30 Knitting Group-3rd fl**  **10:30 Chair Exercises 3rd f**  **11:00 Chair Exercises 3rd fl**  **2:00 Bingo-1st fl**  **2:30 Movie-“Wildlife Specials” Theatre Room**  **3:00 Ice Cream Cart-1st**  **3:00 Tea at Three-2nd Floor**  **3:15 Trivia Time with Pat -3rd fl** | **16**  **10:00 Balance Class**  **10:15 Board games with Anna Marie-1st fl**  **11:15 Wellness Class**  **11:15 Catholic Rosary**  **1:30 Canasta with Peggy- 2nd fl**  **2:00 Bingo-1st fl**  **3:00 Tea at Three-2nd Floor**  **3:30 Shuffleboard-1st fl** | **17**  *6:00 Euchre with Liz*  ***9:00 Shopping at Kemptville***  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd f**  **10:30 3rd Floor Activities**  **2:00 Ottawa Therapy Dog Rufus Visits-3rd floor**  **2:00 Art Group 3rd fl**  **3:00 Tea at Three-2nd Floor**  **3:00 George on Piano-3rd floor** | **18**  **9:15 Reminiscence -Bdrm**  **10:00 Balance Class-3rd**  **10:00 Downton Abby- CH 69**  **10:45 Catholic Mass with Father Titus**  **11:15 Wellness Class-3rd**  ***1:00 Gatineau Leaves Trip***  **2:00 Bingo-1st**  **3:00 Bridge 2nd fl**  **3:00 Tea at Three-2nd Floor** | **19**  ***9:00 Manotick Shopping***  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd fl**  **2:00 Romance Movie- Ch 69**  **2:00 Entertainment with Al Mazur**  **3:00 Tea at Three-2nd Floor** | ***20***  **10:15 Bingo-3rd floor**  **11:00 Tai Chi-3rd fl**  **2:00 Classic Movie Ch 69**  **2:00 Movie-”Thelma & Louise”- Theatre Room**  **2:00 Concordia German Choir-3rd floor**  **3:00 Tea at Three-2nd Floor**  **3:15 Bugs the Bunny visits-3rd fl**  **F** |
| **21**  **10:15 Jeopardy -1st fl**  **11:00 Catholic Rosary Prayer**  **11:15 Catholic Communion**  **2:00 Movie- Working Girl”- Theatre Room**  **2:00 Ecu Service Rev Gratton**  **3:00 Tea at Three-2nd Floor**  **3:15 Marimba Players 3rd floor**  **F** | **22 Footcare Nurse In**  **9:30 Knitting Group-3rd fl**  **10:30 Chair Exercises 3rd f**  **11:00 Chair Exercises 3rd fl**  **New 2:00 Monthly Euchre with R.O.S.S.S. -3rd floor**  **2:00 Bingo-1st fl**  **2:30 Movie-“ Nature’s Most Amazing Events Disc 1 ” Theatre Room**  **3:00 Ice Cream Cart-1st**  **3:00 Tea at Three-2nd Floor**  **3:30-9 pm Municipal Elections!** | **23**  **9:00 Manicures/ Yazmin**  **10:00 Balance Class**  **10:15 Board games with Anna Marie-1st fl**  **10:30 Brain Games**  **11:15 Wellness Class**  **11:15 Catholic Rosary**  **1:30 Canasta with Peggy- 2nd fl**  **1:30 Chair Yoga with Georgia-3rd fl 2:00 Bingo-1st fl**  **3:00 Tea at Three-2nd Floor**  **2:00 Wine Tasting by Vineyards –Garden View**  **3:30 Shuffleboard-1st fl** | **24**  *6:00 Euchre with Liz*  ***9:00 Shopping at Giant Tiger***  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd f**  **10:30 3rd Floor Activitie**  **2:00 Ottawa Therapy Dog Rufus Visits-3rd floor**  **2:00 Art Group 3rd floor**  **3:00 Tea at Three-2nd Floor**  **3:00 Residents Council Meeting Garden View** | **25**  **9:15 Reminiscence -Bdrm**  **10:00 Balance Class-3rd**  **10:00 Ecumenical Service with Rev. Grant mc Neil-Chapel**  **11:15 Wellness Class-3rd**  ***1:30 Rideau Carleton Slots***  **2:00 Bingo-1st**  **3:00 Tea at Three-2nd Floor**  **3:00 Bridge 2nd fl**  **3:00 Latin Chair Dancing-1st** | **26**  ***9:00 Manotick Shopping***  **9:30 Chair Exercises 3rd fl**  **10:00 Chair Exercises 3rd fl**  **10:30 Pumpkin Decorating**  **-1st fl**  **2:00 Entertainment with The Chords and Birthday party**  **3:00 Tea at Three-2nd Floor** | ***27***  **11:00 Tai Chi-3rd fl**  **2:00 Movie-“Ryan’s Daughter”- Theatre Room**  **2:15 Bingo-3rd floor**  **3:00 Tea at Three-2nd Floor**  **3:30 Stick to the Rhythm with Rozsa**  **A** |
| **28**  **10:15 Giant Crossword Puzzle-1st fl**  **11:00 Catholic Rosary Prayer**  **11:15 Catholic Communion**  **2:00 Movie—“A Fish Called Wanda”- Theatre Room**  **2:00 Ecu Service Rev Gratton**  **3:00 Tea at Three-2nd Floor** | **29**  **9:30 Knitting Group-3rd f**  **9:30 Indoor Garage Sale**  **-1st fl Senior Christmas**  **10:30 Chair Exercises 3rd fl**  **11:00 Chair Exercises 3rd fl**  **2:00 Bingo-1st fl**  **2:30 Movie-“ Nature’s Most Amazing Events Disc 2” Theatre**  **3:00 Ice Cream Cart-1st**  **3:00 Tea at Three-2nd Floor**  **4:00 Octoberfest Party with International Set**  **“Wurst Party Ever”** | **30**  **10:00 Balance Class**  **10:15 Board games with Anna Marie-1st fl**  **10:30 Brain Games**  **11:15 Wellness Class**  **11:15 Catholic Rosary**  **1:30 Canasta with Peggy- 2nd fl**  **2:00 Bingo-1st fl**  **3:00 Tea at Three-2nd Floor**  **3:30 Shuffleboard-1st f** | **31**  *6:00 Euchre with Liz*  **7-8 a.m. & 11- 12 Pounds Pulse /Pressure-**  ***9:00 Shopping Carlingwood Mall Lunch Out***  **9:30 Chair Exercises 3rd f**  **10:00 Chair Exercises 3rd f**  **10:30 3rd Floor Activities**  **2:00 Art Group 3rd floor**  **3:00 Tea at Three-2nd Floor**  **3:00 Halloween Party with Freddie Pitz** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\turkey2[1].gif** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\cartoon-turkey[1].jpg** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\fall_22[1].jpgC:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\happy-fall19[1].gif** |
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