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| **Sunday** | **Monday** | December 2018 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **C:\Program Files (x86)\Microsoft Office\MEDIA\CAGCAT10\j0183290.wmf**C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\CHRISTMAS1[1].png**Friday** | **November 29 2018****Saturday** |
|  |  |  |  |  |  | 1 K10:10 Coffee Club-1st11:00 Tai Chi-3rd fl 2:00 Classic Movie” Frozen Planet- Disc 1 ”Theatre Rm2:00 Christmas Movie Ch 492:15 Bingo-1st floor3:00 Tea at Three-2nd Floor 3:15 Dr Migally’s Choir-3rd 7:30 Senators VS San Jose |
| 2 KR9:15 Ballet -3rd fl 10:10 Coffee Club-1st10:30 Giant Crossword Puzzle-1st 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Christmas Movie Ch 492:00 Movie Frozen Planet Disc 2 Theatre Room 2:00 Ecumenical Service with Bob Caines3:00 Tea at Three-2nd Floor **3:15 Entertainment with Marimba Players-3rd floor** | 3 Footcare Nurse In**9:15 #6 National Ballet Class-3rd fl**9:30 Knitting Group-?? 10 Walker Clinic10:10 Coffee Club-1st10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel2:00 Christmas Movie Ch 492:30 Movie “ Frozen Planet Disc 3 ” Theatre Room3:00-&3:30 Ice Cream3:00 Tea at Three-2nd Floor 3:30 Shannon Singalong- 3rd floor | 4*9:00 Manicures/ Yazmin* **9:30 Mary Cook Stories with Fran**10:00 Balance Class- 3rd10:10 Coffee Club-1st10:30 Brain Games-3rd fl *11:15 Men’s Luncheon Outing*11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl2:00 Christmas Movie Ch 492:00 Bingo- 1st floor 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl4:00 Hymn Sing with Rev. Hartman 7:30 Ottawa Senators Vs Montreal  | 5*9:15 Shopping at Billings Bridge*9:30 Chair Exercises 3rd fl 10:00 Chair Exercises 3rd f10:10 Coffee Club-1st10:30 3rd Floor Activities*1:00 Bus To Nowhere*2:00 Art Group 3rd floor2:00 Winetasting event with **“Smokie Ridge” Vineyard-2nd Floor**2:00 Christmas Movie Ch 492:00 Ottawa Therapy Dog Rufus Visits-3rd floor3:00 Tea at Three-2nd Floor 3:30 Resident’s Christmas Choir Practice **6:30 Pub Nite- games shuffleboard/ pool -1st floor** | 69:15 Reminiscence -Bdrm10:00 Balance Class-3rd **10:00 Anna’s Travelling Gifts**10:10 Coffee Club-1st10:45 Catholic Mass with Father Titus 10:45 Lets Make Xmas cookies11:15 Wellness Class-3rd2:00 Christmas Movie Ch 492:00 Bingo-1st3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd flOttawa Senators **Staff Christmas Party** **6:00 Appetizers &food** **7:30 Entertainment** | 79:15 Manotick Shopping 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:10 Coffee Club-1st10:30 Giant Crossword-3rd fl2:00 Christmas Movie Ch 492:00 Social Hour and Entertainment Margie and Bruce3:00 Tea at Three-2nd Floor 3:15 Euchre -Library | 810:10 Coffee Club-1st11:00 Tai Chi-3rd fl 2:00 Christmas Movie Ch 492:00 Classic Movie” Nature’s Most Amazing Events Disc 1 ” Theatre Room2:15 Bingo-1st floor 3:00 Tea at Three-2nd Floor 3:30 Stick to the Rhythm with Rozsa 7:00 Ottawa Senators VS PittsburgGr |
| 910:10 Coffee Club-1st10:30 Family Feud-3rd fl2:00 Christmas Movie Ch 492:00 Movie Nature’s Most Amazing Events Disc 2 Theatre Room 2:00 Ecumenical Service with Rev Gratton3:00 Tea at Three-2nd Floor **3:15 Bugs the Bunny Visits**5:00 Ottawa Senators VS BostonG | 10**9:15 #7 National Ballet Class-3rd fl**9:15 Knitting Group-1st fl10:10 Coffee Club-1st10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl2:00 Christmas Movie Ch 49**2:30 Residents Christmas Party with Mr and Mrs. Clause and Leslie on Piano for a sing along -1st floor**4:30 Resident and Family Turkey Dinner | 1110:00 Balance Class10:10 Coffee Club-1st**10:30 St Leonard’s Children’s Christmas Choir-3rd fl** 11:15 Wellness Class12:30-1:30 Bella Borealis at Garden View 1:30 Chair Yoga with Georgia-3rd fl 1:30 Canasta with Peggy- 2nd fl2:00 Christmas Movie Ch 49**2:30 Residents Council Meeting- 3rd floor**3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl8:00 Ottawa Senators VS Nashville | 12*9:15 Shopping at Carlingwood Mall and Lunch Out* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:00 Kiwanis Club Cakes-2nd 10:10 Coffee Club-1st10:30 3rd Floor Activities2:00 Christmas Movie Ch 492:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 3rd fl3:00 Tea at Three-2nd Floor  | 139:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st11:15 Wellness Class-3rd*11:15 Kars Christmas Luncheon*2:00 Christmas Movie Ch 492:00 Bingo-1st3:00 Bridge 2nd fl3:00 Tea at Three-2nd Floor 3:00 Latin Chair Dancing-1st 7:00 Russell Community Concert Band-3rd fl | 14*9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:10 Coffee Club-1st2:00 Christmas Movie Ch 492:00 Entertainment with Adam Sandleman3:00 Tea at Three-2nd Floor 3:15 Euchre -Library 7:30 Ottawa Senators VS Detroit | *15*10:10 Coffee Club-1st10:15 Bingo-3rd floor11:00 Tai Chi-3rd fl**2:30-4:30 Renaissance Christmas Carolers** 3:00 Tea at Three-2nd Floor 7:00 Ottawa Senators VS MontrealFem |
| 1610:10 Coffee Club-1st10:30 Jeopardy -1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie” I’ll Be Home for Christmas Theatre Room 2:00 Ecu Service Rev Gratton 3:00 Tea at Three-2nd Floor 4:15 Bianca and Izzy-1st floorFem | 17 Footcare Nurse In9:15 #8 National Ballet Class-3rd fl9:30 Knitting Group-3rd fl10:10 Coffee Club-1st10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl2:00 Bingo-1st fl **2:00 Monthly Euchre with R.O.S.S.S. -3rd floor**2:30 Movie “ The Nutcracker ” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor ***5:30 Wesley Clover Park Christmas Light Show Outing***7:30 Ottawa Senators VS Nashville | 18 **7-8 & 11-12 Pounds Pulse and pressure-chapel**9:00 Manicures/ Yazmin 10:00 Balance Class10:10 Coffee Club-1st10:30 Brain Games**10:45 Ecumenical Service with** **Rev Elaine Beattie**11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl3:00 Tea at Three-2nd Floor **3:00 Residents Council Meeting Garden View**3:30 Shuffleboard-1st fl6:00 Girl Guide Carolling-3rd fl | 19*6:00 Euchre with Liz**9:15 Shopping at Kemptville*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:10 Coffee Club-1st10:30 3rd Floor Activitie2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 3rd floor3:00 George on Piano-3rd floor And Gadzos sings 3:00 Tea at Three-2nd Floor 6:00 Radio City Rockettes Christmas Spectacular- Theatre Room | 209:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st10:45 Catholic Mass with Father Titus 11:15 Wellness Class-3rd*1:15 Sightseeing Bus*2:00 Bingo-1st3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl6:30 Leslie’s Choir Canata-3rd  | 21*9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:10 Coffee Club-1st10:30 Giant Crossword-3rd fl2:00 Christmas Movie Ch 492:00 Entertainment with The Maple Leaf French Horn Trio3:00 Tea at Three-2nd Floor3:15 Euchre –Library 7:00 Ottawa Senators VS New Jersey | *22*10:10 Coffee Club-1st11:00 Tai Chi-3rd fl 2:00 Movie” Charlie Browns Christmas ” Theatre Room2:15 Bingo-3rd floor3:00 Tea at Three-2nd Floor 3:30 Stick to the Rhythm with Rozsa 7:00 Ottawa Senators VS WashingtonAMIE |
| **23**10:10 Coffee Club-1st10:30 Giant Crossword Puzzle-1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Christmas Movie Ch 492:00 Movie Red Skelton’s Christmas Jollies Theatre Room 2:00 Ecu Service Rev Gratton3:00 Tea at Three-2nd Floor **Amie** | **24 Christmas Eve**9:30 Knitting Group-3rd fl10:30 Video Exercise-3rd fl10:10 Coffee Club-1st1:30 Chair Yoga with Georgia-3rd 2:00 Bingo-1st fl 2:00 Christmas Movie Ch 492:30 Movie” Date with an Angel ” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor | **25 Christmas Day**10:10 Coffee Club-1st2:00 Christmas Movie Ch 492:00 Movie A Christmas Carol- Theatre Room 3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st f C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\1-christmas-tree[1].jpg | **26 Boxing Day***6:00 Euchre with Liz*10:10 Coffee Club-1stC:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\CHRISTMAS-0010[1].png2:00 Movie The Butler- Theatre Room3:00 Tea at Three-2nd Floor  | **27**7-8 a.m. & 11- 12 Pounds Pulse /Pressure- 9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 11:15 Wellness Class-3rd2:00 Bingo-1st3:00 Bridge 2nd fl3:00 Tea at Three-2nd Floor 3:00 Latin Chair Dancing-1st  | **28***9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:10 Coffee Club-1st10:30 Jeopardy-3rd fl2:00 Entertainment with Bob And Don Duo & Birthday party3:00 Tea at Three-2nd Floor 3:15 Euchre -Library 7:00 Ottawa Senators VS NY Islanders | **29**10:10 Coffee Club-1st11:00 Tai Chi-3rd fl 2:00 Movie” Jayne Eyre” Theatre Room2:15 Bingo-3rd floor3:00 Tea at Three-2nd Floor 7:00 Ottawa Senators VS Washington **ALEX** |
| **30**10:10 Coffee Club-1st10:15 Giant Crossword Puzzle-1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie “ Quartet Theatre Room 2:00 Ecu Service Rev Gratton3:00 Tea at Three-2nd Floor Alex | **31 New Year’s Eve**Footcare Nurse In9:30 Knitting Group-3rd f10:10 Coffee Club-1st10:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl**10:15 Bingo**3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Fl**3:30-4:45 New Year’s Eve Party with Spencer Scharf -3rd floor**7:00 Ottawa Senators VS Columbus |  |  |  |  |  |