|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | September 2019 Orchard Walk  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Sept 4th h 2019**  **Saturday** |
| 1  10:10 Coffee Club –1st fl  10:30 Giant Crossword-2nd t fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “Look Who’s Talking Theatre Room  2:00 Ecumenical Service with Bob Caines and Organist Deb  3:00 Tea at Three-2nd Floor  Meen | **2 Labor STAT HOLIDAY**  10:10 Coffee Club1st d  10:30 Catholic Rosary-chapel  2:00 Movie Woman in Gold ” Theatre Room  3:00- Ice Cream Cart  3:00 Tea at Three-2nd Floor | 3*9:00 Manicures/ Yazmin*  **9:30 Mary Cook Stories-Chapel**  10:00 Balance Class- 3rd  10:10 Coffee Club -1st fl  10:30 Brain Games-1sd fl  ***11:00 Pounds Pulse and Pressure/Chapel***  11:15 Wellness Class-3rd  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl  3:30-4:30 Tony’s Café Bar Open  **4:00 Rev. Hartman-3rd floor** | *4*  *9:00 Shopping at Billings*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  **2:00 Lemonade Cart**  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **6:30 “New” Netflix Movie-3rd floor “ “Colette”** | 5  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  ***9:00 Garage Sale for ALS***  10:10 Coffee Club-1st fl  10:45 Catholic Mass with Father Plante  1:15 Wellness Class-3r  2:00 Art Group 1st floor  3:00 Tea at Three-2nd Floor  **3:00 BINGO-1st** fl  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open | 6  9:00 Manotick Shopping  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club—1st fl  **2:00 Social Hour Margie and Bruce Singalong**  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open  **6:30 “New” Netflix Movie-3rd floor” Annie”** | 7  10:10 Coffee Club-1st fl  10:15 Bingo 1st floor  11:00 Tai Chi-3rd fl  2:00 Classic Movie “The Maltese Falcon” Theatre Room  3:00 Tea at Three-2nd Floor  3:30 Bianca and Izzy- 1st fl  Kr |
| 8 **Grandparents Day**    10:10 Coffee Club –1st fl  **10:30 Celebrating Grandparents Day with Marvin the Magician**  **And other events**  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “A Double Life” Theatre Room  2:00 Ecumenical Service with Bob Caines and Organist Deb  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  Kr | **9 Footcare Nurse In**  9:00 Manotick Shopping  10:10 Coffee Club -1st floor  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  2:00 Bingo  2:00 Movie “ An American in Paris ” Theatre Room  3:00 Ice Cream  3:00 Tea at Three-2nd Fl  3:30-4:30 Tony’s Café Bar Open  **3:15 Current Events with Prof Cammy-3rd floor** | 10  9:30 Walking Club- meet at Patio  10:00 Balance Class- 3rd  10:10 Coffee Club -1st fl  10:30 Brain Games-1st fl  11:15 Wellness Class-3rd  1:30 Canasta with Peggy- 2nd fl  **2:30 Residents Council Meeting-3rd fl**  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st fl  3:30-4:30 Tony’s Café Bar Open | 11  *9:00 Shopping at Barrhaven*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  **2:00 Lemonade Cart**  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open **6:30 Pub Night with Dave Baldwin** | 12  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-1st fl  11:15 Wellness Class-3r  *1:15 Pop Silos Outing to the countryside*  3:00 Tea at Three-2nd Floor  **3:00 BINGO-1st** fl  2:00 Art Group 1st floor  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open | 13  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club—1st fl  10:30 Giant Crossword-2nd fl  **2:00 Social Hour and Entertainment with Bob and Don Duo**  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open  **6:30 “New” Netflix Movie-3rd floor “La La Land ”** | 14  **9:30 Cribbage-library**  10:10 Coffee Club—1st fl  10:15 Bingo 1st floor  11:00 Tai Chi-3rd fl  2:00 Classic Movie ”Showboat” Theatre Room  3:00 Tea at Three-2nd Floor  **4:00 Jordan plays Piano-1st floor**  Gr |
| 15  10:10 Coffee Club -1st floor  **10:30 Family Feud-1st fl**  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “ My Big Fat Greek Wedding” Theatre Room  2:00 Ecumenical Service with Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  GR | 16  9:15 Jeopardy-1st fl  10:10 Coffee Club -1st floor  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  *1:30 Rideau Carleton Slots*  2:00 Bingo  2:00 Movie “Walk The Line ” Theatre Room  3:00 Ice Cream  3:00 Tea at Three-2nd Fl  3:30-4:30 Tony’s Café Bar Open | 17 *9:00 Manicures/ Yazmin*  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club -1st floor  10:30 Brain Games-1st fl  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st floor  3:00 Tea at Three-2nd Floor  **3:15 Meet and Greet Liberal Candidate Chris Rodgers-3rd floor**  3:30 Shuffleboard-1st f  3:30-4:30 Tony’s Café Bar Open | 18*9:00 Shopping at Kemptville*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  **2:00 Lemonade Cart**  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **3:00 Spelling Bee- Boardroom**  **6:30 “New” Netflix Movie-3rd floor “ Little Women”** | 19  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-1st fl  10:45 Catholic Mass with Father Plante  11:15 Wellness Class-3rd  *12:30 Richmond Fair Seniors Day*  3:00 Bridge 2nd fl  2:00 Art Group 1st floor  **3:00 BINGO-1st** fl  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 20  *9:00 Manotick Shopping*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  **10:30 Ecumenical Service with Rev Gratton and Deb Protsack**  **2:00 Entertainment by Stanley Frank and Social Hour**  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open  **6:30 “New” Netflix Movie-3rd floor “ Christopher Robin ”** | *21*  10:10 Coffee Club-1st fl  10:15 Bingo-1st fl  11:00 Tai Chi-3rd fl  2:00 Movie “Radio” Theatre Room  3:00 Tea at Three-2nd Floor  **3:00 Dyanne Photography Show Northern Lights**  Fe |
| 22  10:10 Coffee Club -1st floor  10:30 Giant Crossword-2nd fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  **1-4**  **1:00 Town Crier**  **12:45 -1:30 Latin Chair Dance**  **20th Anniversary Open House Harvest Festival with the Duo OZ from 1:30-3:30**  **JJ Clarke Weather?**  **Open House**  **Sorry No Ecumenical Service**  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  Fe | 23  **Footcare Nurse In**  9:15 Jeopardy-1st fl  10:10 Coffee Club -1st floor  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  2:00 BINGO-1st fl  2:00 Movie” Sleepless in Seattle ” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  CPR RECERT Staff  2 and 3:15 p.m. | 24  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club -1st floor  10:30 Brain Games-1st fl  ***11:00 Pounds Pulse and Pressure/Chapel***  11:15 Wellness Class  **12:45 Ottawa River Cruise- Hull**  **Cost $28**  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  3:30 Shuffleboard-1st fl | 25  *6:00 Euchre with Liz*  *9:00 Shopping at Carlingwood and Lunch*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 3rd Floor Activities  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Ecu Service Rev Gratton and Organist Deb  **2:00 Lemonade Cart**  **2:30 Shannon ‘s Singalong -3rd fl**  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **6:30 “New” Netflix Movie-3rd floor “ ”Willy Wonka and the Chocolate Factory** | 26  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-1st fl  11:15 Wellness Class-3rd  *11:45 Pearl House Chinese Food*  3:00 Tea at Three-2nd Floor  2:00 Art Group 1st floor  **3:00 BINGO-1st** fl  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open | 27  *9:00 Manotick Shopping*  9:00 Chair Exercises  9:30 Chair Exercises 3rd f  10:10 Coffee Club-1st fl  10:30 Giant Crossword-2nd  **2:00 Entertainment with North Country Band and Social Hour /**  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open  **6:30 “New” Netflix Movie-3rd floor “ Into the Woods”** | *28*  10:10 Coffee Club-1st fl  11:00 Tai Chi-3rd fl  2:00 Movie” Singing in the Rain Theatre Room  2:15 Bingo 1st d floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **4:00 Jordan plays Piano-1st floor**  Aimee |
| **29**  10:10 Coffee Club -1st floor  10:30 Giant Crossword Puzzle-2st  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie “Sully” Theatre Room  **Sorry No Ecumenical Service**  3:00 Tea at Three-2nd Floor  **Aimee** | **30**  9:15 Jeopardy-1st fl  10:10 Coffee Club -1st floor  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  *1:15 Sightseeing Bus Outing*  2:00 BINGO-1st fl  2:30 Movie “Sense and Sensibility ” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floo  3:30-4:30 Tony’s Café Bar Open  **3:15 Generation Gap Trivia-3rd floor** |  |  |  |  |  |
|  |  |  |  |  |  |  |