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| **Sunday** | **Monday** | **Tuesday** | OV-LC-logo-small (4)**Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **May****2017** | **1.**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:00 Growing Up Wild-Ch 6910:30 Knitting Group 3rd 10:45 Prof Cammy Current Events*1:30 Sightseeing Bus OVLC* 2:00 Bingo2:00 Classic Movie-Ch 692:30 Movie The Young Land-“Theatre Room 3:00-&3:30 Ice Cream4:00 Hymn Sing with Rev. Hartman6:15 The Royals-Ch 69 | **2.**10:00 Balance Class- 3rd10:00 Secrets of British Castles-Ch 6910:30 Brain Games-1st fl floor11:00 Men’s Luncheon Outing11:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Bingo2:00 Comedy Movie-ch 693:00 Latin Chair Dance Exercises4:00 Joe plays Piano6:15 Father Brown-Ch 69 | ***3.****9:15 Shopping Billings Bridge Mall*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Midsummer Murders-Ch 6910:30 3rd floor Activities 2:00 Art Group 1st floor2:00 Western Movie-Ch 69 3:00 George on Piano-1st fl6:15 Euchre with Liz 1st fl6:15 Life-Ch 69 |  **4.** 9:15 Reminiscence –Boardroom10:00 Balance Class-3rd10:00 Shetland-Ch 6910:00 Anna’s Travelling Gifts10:45 Roman Catholic Mass- Chapel11:00 TED Talks-How to live passionately Boardrm11:15 Wellness Class-3rd2:00 Bridge-3rd floor2:00 BING0-1st fl2:00 Classic Movie-Ch 693:15 Heart and Stroke Foundation - Guest Speaker-1st Floor6:15 Africa-Ch 69 | ***5.****9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 Metcalfe Christian School Grade 5 Students Visit2:00 Social Hour and Entertainment with Margie and Bruce2:00 Romance Movie-Ch696:15 Natures Weirdest Events -Ch69 | ***6.***11:00 Tai Chi-3rd fl 10:00 Blue Planet Ch692:00 Classic Movie-Ch692:00 Movie “Zorro” Theatre Room4: 00 Singalong with Shannon6:15 Poirot-Ch 69 |
| **7.**10:00Wild Europe11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch69*1:15 Lafferty’s Wake-* *IR Theatre-Cost $16*2:00 Movie- “Carry On Doctor”- Theatre Room 2:00 Ecumenical Service with Bob Caines6:15 Wild North-Ch69 | **8.**FOOTCARE NURSE IN9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Growing Up Wild-Ch 69*1:00 Sightseeing Bus OVR*1:30 Mothers Day Fashion Show Sales by Nygard Fashions with Orchard View Resident Models2:00 Classic Movie- Ch 692:30 Movie – “Carry On Up the Kyber” Theatre Room 3:00-&3:30 Ice Cream4:00 Leslie on Piano6:15 The Royals-Ch 69 | **9.**9:00 Manicures with YAZMIN9:30 Mary Cook Stories with Fran-1st fl10:00 Secrets of British Castles-Ch 6910:00 Balance Class- 3rd10:30 Mother’s Day Trivia-1st fl floor11:15 Wellness Class-3rd11:15 Catholic Rosary2:00 Comedy Movie-ch 692:30 Residents Council Meeting6:15 Father Brown-Ch 69 | **10.**9*:15 Shopping at Barrhaven Mall*9:30 Chair Exercises 3rd fl10:00 Midsummer Murders-Ch 6910:00 Chair Exercises 3rd fl 10:30 3rd floor Activities2:00 Friendship Tea and Scones-2:00 Western Movie-Ch 692:00 Art Group 1st floor 3:00 Edith plays the Organ-3rd6:15 Euchre with Liz 1st fl6:15 Life-Ch 69 | **11.**9:15 Reminiscence -Boardrm10:00 Balance Class-3rd 10:00 Shetland-Ch 6911:00 TED Talks-Older people are happier Boardroom11:15 Kars Mother’s Day Luncheon11:15 Wellness Class-3rd2:00 Bridge-3rd floor 2:00 Bingo-12:00 Classic Movie-Ch 696:15 Africa-Ch 697:00 Russell Community  Concert Band and Dinner | **12.***9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:00 Chair Exercises 3rd fl10:30 OT Dog Lucy visits-3rd10:30 Metcalfe Christian School Grade 5 Students Visit (Choc Bar Bingo)2:00 Romance Movie-Ch692:00 Social Hour & Entertainment with Vicki Spurrell6:15 Natures Weirdest Events -Ch69 | **13.**11:00 Tai Chi-3rd fl 10:00 Blue Planet -Ch692:00 Classic Movie-Ch692:00 Movie – “Carry on Camping” Theatre Room6:15 Poirot-Ch 69 |
| **14.****Mother’s Day**10:00Wild Europe11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with K Holman2:00 Documentary-Ch692:00 Movie-Mommie Dearest Theatre Room3:00 George Ritchie plays Mother’s Day Music6:15 Wild North-Ch69 | **15.**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Growing Up Wild-Ch 6910:30 Knitting and Crochet Group 3rd 10:45 Prof Cammy Current Events2:00 Bingo 2:00 Classic Movie-Ch 692:30 Movie “Miss Potter”-Theatre Room 3:00 Ice Cream3:00 Entertainment with Classical Violin and Classical Guitar6:15 The Royals-Ch 69 | **16.***9:15 Tulip Festival and Picnic*10:00 Balance Class- 3rd10:00 Secrets of British Castles-Ch 6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Bingo2:00 Comedy Movie-ch 693:00 Latin Chair Dancing Exercises3:00 Suites Residents Council Meeting4:00 Joe plays Piano6:15 Father Brown-Ch 69 | **17.***9:15 Shopping at Kemptville*9:30 Chair Exercises 3rd fl10:00 Midsummer Murders-Ch 6910:00 Chair Exercises 3rd fl10:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Art Group 1st floor2:30 Osgoode Museum Presents “Canadian Folk Music”6:15 Euchre with Liz 1st fl6:15 Life-Ch 69 | ***18.****9:15 Manotick Shopping***10:00 Balance Class-3rd**10:00 Shetland-Ch 6911:00 TED Talks-Tips to keep your brain young Boardroom11:15 Wellness Class-3rd2:00 Bridge-3rd floor2:00 Classic Movie-Ch 696:15 Africa-Ch 69 | ***19.***9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 Bingo-1st fl2:00 Social Hour & Entertainment with Isobel Herbert and Fiddlers2:00 Romance Movie-Ch696:15 Natures Weirdest Events -Ch69 | ***20.*****10:30 Special $20 Bingo**11:00 Tai Chi-3rd fl 10:00 Blue Planet-Ch692:00 Classic Movie-Ch692:00 Entertainment with the Peter Sinclair Trio50’s music6:15 Poirot-Ch 69 |
| **21.**10:00 Trivia10:00Wild Europe11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch69Movie South Pacific- Theatre Room2:00 Ecumenical Service with Bob Caines3:00 Wheel of Fortune6:15 Wild North-Ch69 | **22.** Victoria DayFOOTCARE NURSE IN10:00 Growing Up Wild-Ch 6910:30 Self Run Knitting and Crochet Group 3rd 2:00 Classic Movie-Ch 69 2:30 Movie –The Queen Theatre Room 6:15 Elizabeth at 90 years-Ch 69 | **23.**9:00 Manicures with YAZMIN*9:30 St Albert’s Cheese Factory Tour and Lunch*9:30 Mary Cook Stories / Fran-1st fl10:00 Secrets of British Castles-Ch 6910:00 Balance Class- 3rd10:30 Brain Games-1st fl floor111:15 Wellness Class-3rd11:15 Catholic Rosary2:00 Comedy Movie-ch 692:00 Bingo4:00 Joe plays Piano6:15 Father Brown-Ch 69 | **24.***9:15 Shopping at Rideau Auctions*9:30 Chair Exercises 3rd fl10:00 Midsummer Murders-Ch 6910:00 Chair Exercises 3rd fl10:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Art Group 1st floor3:00 Entertainment with The Barrhaven Fiddleheads6:15 Euchre with Liz 1st fl6:15 Life-Ch 69 | ***25.****9:15 Manotick Shopping* 9:15 Reminiscence -Boardm10:00 Balance Class-3rd 10:00 Shetland-Ch 6910:00 Ecumenical Service with Rev. Carolyn Seabrooke Anglican11:00 TED Talks- Your body language Boardroom11:15 Wellness Class-3rd*1:00 Surprise Greenhouse Tour*2:00 Classic Movie-Ch 692:00 Bridge-3rd floor2:00 Bingo-1st3:15 Trivia-1st floor6:15 Africa-Ch 69 | ***26.***9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 The Crown-Ch 6910:30 OT Dog Lucy visits-3rd2:00 Social Hour & Entertainment withJack Schoular and Birthday Bash2:00 Romance Movie-Ch696:15 Natures Weirdest Events -Ch69 | ***27.***11:00 Tai Chi-3rd fl 10:00 Blue Planet -Ch692:00 Classic Movie-Ch692:00 Movie “A Little Bit Of Heaven” Theatre Room6:15 Poirot-Ch 69 |
| **28.**10:00Wild Europe11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Rev Gratton2:00 Documentary-Ch692:00 Movie “Yours Mine and Ours-“ Theatre Room 6:15 Wild North-Ch69 | ***29.*****Walker Clinic with appointment**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Growing Up Wild-Ch 6910:30 Knitting and Crochet Group 3rd*1:30 Sightseeing Bus OVR*2:00 Bingo 2:00 Classic Movie-Ch 692:30 Movie-“ To America with Love “ –Theatre Room 3:00-&3:30 Ice Cream3:15 Entertainment with the Grateful We Are Not Dead Band6:15 The Royals-Ch 69 | ***30.***10:00 Balance Class- 3rd10:00 Secrets of British Castles-Ch 6910:30 Singalong with Shannon 1st fl 11:15 Catholic Rosary11:15 Wellness Class-3rd *1:30 Sightseeing Bus OVLC*2:00 Bingo4:00 Joe plays Piano6:15 Father Brown-Ch 69 | **31.**7-1 Pounds Pulse and Pressure- Chapel*9:15 Shopping Carlingwood Mall Lunch Out*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:00 Midsummer Murders-Ch 6910:30 3rd Floor Activities2:00 Art Group 1st floor2:00 Western Movie-Ch 692:30 Friendship Tea and Scones3:30 Spelling Bee- Boardroom6:15 Euchre with Liz 1st fl6:15 Life-Ch 69 |  | ***Aqua Fit Classes*** **Tuesdays at 2:30 p.m. starting in June****Weather permitting** **April 28th****Calendar subject to changes** |  |