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| **Sunday** | **Monday** | **Tuesday** | OV-LC-logo-small (4)  **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **May**  **2017** | **1.**  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  10:30 Knitting Group 3rd  10:45 Prof Cammy Current Events  *1:30 Sightseeing Bus OVLC*  2:00 Bingo  2:00 Classic Movie-Ch 69  2:30 Movie The Young Land-“Theatre Room  3:00-&3:30 Ice Cream  4:00 Hymn Sing with  Rev. Hartman  6:15 The Royals-Ch 69 | **2.**  10:00 Balance Class- 3rd  10:00 Secrets of British Castles  -Ch 69  10:30 Brain Games-1st fl floor  11:00 Men’s Luncheon Outing  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Bingo  2:00 Comedy Movie-ch 69  3:00 Latin Chair Dance Exercises  4:00 Joe plays Piano  6:15 Father Brown-Ch 69 | ***3.***  *9:15 Shopping Billings Bridge Mall*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Midsummer Murders-  Ch 69  10:30 3rd floor Activities  2:00 Art Group 1st floor  2:00 Western Movie-Ch 69  3:00 George on Piano-1st fl  6:15 Euchre with Liz 1st fl  6:15 Life-Ch 69 | **4.**  9:15 Reminiscence –Boardroom  10:00 Balance Class-3rd  10:00 Shetland-Ch 69  10:00 Anna’s Travelling Gifts  10:45 Roman Catholic Mass- Chapel  11:00 TED Talks-  How to live passionately Boardrm  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 BING0-1st fl  2:00 Classic Movie-Ch 69  3:15 Heart and Stroke Foundation - Guest Speaker-1st Floor  6:15 Africa-Ch 69 | ***5.***  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 Metcalfe Christian School Grade 5 Students Visit  2:00 Social Hour and Entertainment with Margie and Bruce  2:00 Romance Movie-Ch69  6:15 Natures Weirdest Events -Ch69 | ***6.***  11:00 Tai Chi-3rd fl  10:00 Blue Planet Ch69  2:00 Classic Movie-Ch69  2:00 Movie “Zorro” Theatre Room  4: 00 Singalong with Shannon  6:15 Poirot-Ch 69 |
| **7.**  10:00Wild Europe  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch69  *1:15 Lafferty’s Wake-*  *IR Theatre-Cost $16*  2:00 Movie- “Carry On Doctor”- Theatre Room  2:00 Ecumenical Service with  Bob Caines  6:15 Wild North-Ch69 | **8.**  FOOTCARE NURSE IN  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  *1:00 Sightseeing Bus OVR*  1:30 Mothers Day Fashion Show Sales by Nygard Fashions with Orchard View Resident Models  2:00 Classic Movie- Ch 69  2:30 Movie – “Carry On Up the Kyber” Theatre Room  3:00-&3:30 Ice Cream  4:00 Leslie on Piano  6:15 The Royals-Ch 69 | **9.**  9:00 Manicures with YAZMIN  9:30 Mary Cook Stories with Fran-1st fl  10:00 Secrets of British Castles  -Ch 69  10:00 Balance Class- 3rd  10:30 Mother’s Day Trivia-1st fl floor  11:15 Wellness Class-3rd  11:15 Catholic Rosary  2:00 Comedy Movie-ch 69  2:30 Residents Council Meeting  6:15 Father Brown-Ch 69 | **10.**  9*:15 Shopping at Barrhaven Mall*  9:30 Chair Exercises 3rd fl  10:00 Midsummer Murders-  Ch 69  10:00 Chair Exercises 3rd fl  10:30 3rd floor Activities  2:00 Friendship Tea and Scones-2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  3:00 Edith plays the Organ-3rd  6:15 Euchre with Liz 1st fl  6:15 Life-Ch 69 | **11.**  9:15 Reminiscence -Boardrm  10:00 Balance Class-3rd  10:00 Shetland-Ch 69  11:00 TED Talks-Older people are happier Boardroom  11:15 Kars Mother’s Day Luncheon  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 Bingo-1  2:00 Classic Movie-Ch 69  6:15 Africa-Ch 69  7:00 Russell Community  Concert Band and Dinner | **12.**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:00 Chair Exercises 3rd fl  10:30 OT Dog Lucy visits-3rd  10:30 Metcalfe Christian School Grade 5 Students Visit (Choc Bar Bingo)  2:00 Romance Movie-Ch69  2:00 Social Hour & Entertainment with Vicki Spurrell  6:15 Natures Weirdest Events -Ch69 | **13.**  11:00 Tai Chi-3rd fl  10:00 Blue Planet -Ch69  2:00 Classic Movie-Ch69  2:00 Movie – “Carry on Camping” Theatre Room  6:15 Poirot-Ch 69 |
| **14.**  **Mother’s Day**  10:00Wild Europe  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with K Holman  2:00 Documentary-Ch69  2:00 Movie-Mommie Dearest Theatre Room  3:00 George Ritchie plays Mother’s Day Music  6:15 Wild North-Ch69 | **15.**  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  10:30 Knitting and Crochet Group 3rd  10:45 Prof Cammy Current Events  2:00 Bingo  2:00 Classic Movie-Ch 69  2:30 Movie “Miss Potter”-Theatre Room  3:00 Ice Cream  3:00 Entertainment with Classical Violin and Classical Guitar  6:15 The Royals-Ch 69 | **16.**    *9:15 Tulip Festival and Picnic*  10:00 Balance Class- 3rd  10:00 Secrets of British Castles  -Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Bingo  2:00 Comedy Movie-ch 69  3:00 Latin Chair Dancing Exercises  3:00 Suites Residents Council Meeting  4:00 Joe plays Piano  6:15 Father Brown-Ch 69 | **17.**  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 Midsummer Murders-  Ch 69  10:00 Chair Exercises 3rd fl  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  2:30 Osgoode Museum Presents “Canadian Folk Music”  6:15 Euchre with Liz 1st fl  6:15 Life-Ch 69 | ***18.***  *9:15 Manotick Shopping*  **10:00 Balance Class-3rd**  10:00 Shetland-Ch 69  11:00 TED Talks-Tips to keep your brain young Boardroom  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 Classic Movie-Ch 69  6:15 Africa-Ch 69 | ***19.***  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 Bingo-1st fl  2:00 Social Hour & Entertainment with Isobel Herbert and Fiddlers  2:00 Romance Movie-Ch69  6:15 Natures Weirdest Events -Ch69 | ***20.***  **10:30 Special $20 Bingo**  11:00 Tai Chi-3rd fl  10:00 Blue Planet-Ch69  2:00 Classic Movie-Ch69  2:00 Entertainment with the Peter Sinclair Trio  50’s music  6:15 Poirot-Ch 69 |
| **21.**  10:00 Trivia  10:00Wild Europe  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch69  Movie South Pacific- Theatre Room  2:00 Ecumenical Service with Bob Caines  3:00 Wheel of Fortune  6:15 Wild North-Ch69 | **22.**  Victoria Day  FOOTCARE NURSE IN  10:00 Growing Up Wild-Ch 69  10:30 Self Run Knitting and Crochet Group 3rd  2:00 Classic Movie-Ch 69  2:30 Movie –The Queen Theatre Room  6:15 Elizabeth at 90 years-Ch 69 | **23.**  9:00 Manicures with YAZMIN  *9:30 St Albert’s Cheese Factory Tour and Lunch*  9:30 Mary Cook Stories / Fran-1st fl  10:00 Secrets of British Castles  -Ch 69  10:00 Balance Class- 3rd  10:30 Brain Games-1st fl floor  111:15 Wellness Class-3rd  11:15 Catholic Rosary  2:00 Comedy Movie-ch 69  2:00 Bingo  4:00 Joe plays Piano  6:15 Father Brown-Ch 69 | **24.**  *9:15 Shopping at Rideau Auctions*  9:30 Chair Exercises 3rd fl  10:00 Midsummer Murders-  Ch 69  10:00 Chair Exercises 3rd fl  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  3:00 Entertainment with  The Barrhaven Fiddleheads  6:15 Euchre with Liz 1st fl  6:15 Life-Ch 69 | ***25.***  *9:15 Manotick Shopping*  9:15 Reminiscence -Boardm  10:00 Balance Class-3rd  10:00 Shetland-Ch 69  10:00 Ecumenical Service with Rev. Carolyn Seabrooke Anglican  11:00 TED Talks- Your body language Boardroom  11:15 Wellness Class-3rd  *1:00 Surprise Greenhouse Tour*  2:00 Classic Movie-Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Trivia-1st floor  6:15 Africa-Ch 69 | ***26.***  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 OT Dog Lucy visits-3rd  2:00 Social Hour & Entertainment with  Jack Schoular and Birthday Bash  2:00 Romance Movie-Ch69  6:15 Natures Weirdest Events -Ch69 | ***27.***  11:00 Tai Chi-3rd fl  10:00 Blue Planet -Ch69  2:00 Classic Movie-Ch69  2:00 Movie “A Little Bit Of Heaven” Theatre Room  6:15 Poirot-Ch 69 |
| **28.**  10:00Wild Europe  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with Rev Gratton  2:00 Documentary-Ch69  2:00 Movie “Yours Mine and Ours-“ Theatre Room 6:15 Wild North-Ch69 | ***29.***  **Walker Clinic with appointment**  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild-Ch 69  10:30 Knitting and Crochet Group 3rd  *1:30 Sightseeing Bus OVR*  2:00 Bingo  2:00 Classic Movie-Ch 69  2:30 Movie-“ To America with Love “ –Theatre Room  3:00-&3:30 Ice Cream  3:15 Entertainment with the Grateful We Are Not Dead Band  6:15 The Royals-Ch 69 | ***30.***  10:00 Balance Class- 3rd  10:00 Secrets of British Castles  -Ch 69  10:30 Singalong with Shannon 1st fl  11:15 Catholic Rosary  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus OVLC*  2:00 Bingo  4:00 Joe plays Piano  6:15 Father Brown-Ch 69 | **31.**  7-1 Pounds Pulse and Pressure- Chapel  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:00 Midsummer Murders-  Ch 69  10:30 3rd Floor Activities  2:00 Art Group 1st floor  2:00 Western Movie-Ch 69  2:30 Friendship Tea and Scones  3:30 Spelling Bee- Boardroom  6:15 Euchre with Liz 1st fl  6:15 Life-Ch 69 |  | ***Aqua Fit Classes***  **Tuesdays at 2:30 p.m. starting in June**  **Weather permitting**    **April 28th**  **Calendar subject to changes** |  |