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| C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\summer[1].jpg  **Sunday** | **Monday** | AUGUST 2017 OVLC  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\summer[1].jpg** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\Summer_Azure_Ottawa[1].jpg** | **1**  10:00 Balance Class- 3rd  10:00 Secret British Castles-Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus OVLC/OVS*  2:00 Comedy Movie- Ch 69  2:00 Bingo  2:15 Aquafit Class/Pool  3:30 Giant Crossword  6:30 Ripper Street- Ch 69 | **2**  9*:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 69  10:00 Walker Wash for ALS-patio  10:30 3rd floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  3:00 Bob and Don Duo 50’s Theme  6:30 Ripper Street- Ch 69 | ***3***  *9:00 Gananoque Boat Lines and Picnic $33*  10:00 Shetland Ch 69  10:00 Balance Class-3rd  10:45 Roman Catholic Mass- Chapel  11:00 TED Talks-Boardroom  11:15 Wellness Class  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  6:30Ripper Street- Ch 69 | **4**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:00 Chair Exercises 3rd fl  10:30 OT Dog Lucy visits-3rd  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Margie and Bruce  6:30 Ripper Street- Ch 69 | **5**  10:00 The Blue Planet  **10:15 Ron’s Saturday Bingo**  11:00 Tai Chi-3rd fl  2:00 Movie “Woman in Gold” Theatre Room  6:30 Ripper Street- Ch 69 |
| **6**  **10:15 Ron’s Sunday Bingo**  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with  Bob Caines  2:00 Documentary-Ch 69  2:00 Movie “Road ToBali ”  6:30 Ripper Street- Ch 69 | **7 Civic Holiday Monday**  **9:00 Walking Club**  **9:45 Spelling Bee Boardroom**  10:00 Growing Up Wild Ch 69 10:30 Knitting Group  2:00 Bingo  2:00 Classic Movie-Ch 69  2:30 Movie-The Thrill of it All Theatre Room  3:00-&3:30 Ice Cream  4:00 Rev Hartman Hymn Sings  6:30 Ripper Street- Ch 69 | **8**  10:00 Balance Class- 3rd  10:00 Secrets of British Castles-Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:00 Bingo  2:15 Aquafit Class/Pool  3:30 Giant Crossword  6:30 Ripper Street- Ch 69 | **9**  *9:15 Shopping at Barrhaven Mall*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 69  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  3:00 Garden Party & George Plays Piano-1st fl  6:30 Ripper Street- Ch 69 | **10**  9:15 Reminiscence -Boardroom  10:00 Shetland Ch 69  10:00 Anna’s Gifts  10:00 Balance Class-3rd  10:30 Shannon Singalong  11:00 TED Talks-Boardroom  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 Classic Movie- Ch 69  2:00 Bingo-1st  6:30 Ripper Street- Ch 69 | **11**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:30 Highway 43 Car Club Cruise In  NEW 11:20 “Stick to the Rhythm” with Rozsa-3rd floor  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with The Rivermen  6:30 Ripper Street- Ch 69 | **12**  10:00 The Blue Planet  11:00 Tai Chi-3rd fl  2:00 Movie Grumpy Old Men Theatre Room  6:30Ripper Street- Ch 69 |
| **13**  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with Rev. Gratton  2:00 Documentary-Ch 69  2:00 Movie- Hush Hush Sweet Charlotte”” Theatre Room  6:30 Ripper Street- Ch 69 | **14** FOOTCARE NURSE IN  9:00 Walking Club  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild Ch 69 10:30 Knitting and Crochet Group 3rd  11:30 Picnic at Sues  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie “Rome” Theatre Room  3:00 Ice Cream  3:30 Robin Averill Open House  6:30 Ripper Street- Ch 69 | **15**  9:00 Manicures with YAZMIN  9:30 Mary Cook Stories with Fran-1st fl  10:00 Balance Class- 3rd  10:00 Secrets British Castles-Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:00 Bingo  2:15 Aquafit Class/Pool  6:30Ripper Street- Ch 69 | **16**  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 6910:30 3rd Floor Activities  2:30 Friendship Tea and Scones  2:00 Art Group 1st floor  2:00 Western Movie-Ch 69  3:15 John Kluver Slide presentation Rocca Forte  5:30 Joe on Piano Suites  6:30 Ripper Street- Ch 69 | **17**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Shetland Ch 69  10:45 Roman Catholic Mass- Chapel  11:00 TED Talks-Boardroom  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Hangman-1st floor  6:30Ripper Street- Ch 69 | **18**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  10:00 Chair Exercises 3rd fl  10:30 OT Dog Lucy visits-3rd  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Len Goldfarb  6:30 Ripper Street | **19**  10:00 The Blue Planet  11:00 Tai Chi-3rd fl  2:00 Entertainment with Mainly Strings  6:30Ripper Street- Ch 69 |
| **20**  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with Rev. Gratton  2:00 Documentary-Ch 69  2:00 Movie “Hello Dolly ” Theatre Room  6:30 Ripper Street- Ch 69 | **21**  9:00 Walking Club  *9:30 Rideau Carleton Slots*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild Ch 69 10:30 Knitting Group-3rd  *1:30 OVR Sightseeing Bus*  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie –John Wayne The Lucky Texan”” Theatre Room  3:00-&3:30 Ice Cream  3:30 “You Be The Judge” Boardroom  6:30 Ripper Street- Ch 69 | **22**  10:00 Balance Class- 3rd  10:00 Secret British Castles-Ch 69  *10:00 Hogs Back Falls and Picnic*  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:00 Bingo  2:15 Aquafit Class/Pool  3:15 Latin Chair Dancing-1st  6:30Ripper Street- Ch 69 | **23**  7-1 Pounds Pulse and Pressure-  Chapel  *9:15 Shopping at Bells Corner’s Outlet*  9:30 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  6:30 Ripper Street- Ch 69  7:00 Noel Dimaranon on Piano Open House | **24**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Shetland Ch 69  10:00 Ecumenical Service with  Rev. Andrea Thomas  *10:30 Mosai Canada Exhibit and Picnic*  11:00 TED Talks-Boardroom  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Giant Crossword-1st floor  6:30 Ripper Street- Ch 69 | **25**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 The Crown-Ch 69  NEW 11:20 “Stick to the Rhythm” with Rozsa-3rd floor  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Jack Schoular  6:30 Ripper Street- Ch 69 | ***26***  10:00 The Blue Planet  10:00 Bingo  11:00 Tai Chi-3rd fl  2:00 Movie “John Wayne West of the Divide” Theatre Room  6:30Ripper Street- Ch 69 |
| **27**  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with Rev. Gratton  2:00 Documentary-Ch 69  2:00 Movie “ Paradise Canyon” Theatre Room  6:30 Ripper Street- Ch 69 | **28** FOOTCARE NURSE IN  9:00 Walking Club  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Growing Up Wild Ch 69 10:30 Knitting Group 3rd  10:45 Prof Cammy Current Events  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie – The Man from Utah” Theatre Room  3:00-&3:30 Ice Cream  6:30 Ripper Street- Ch 69 | **29**  9:00 Manicures with YAZMIN  ***9:30 Heritage House and Museum & Tea Lunch $14.50***  10:00 Balance Class- 3rd  10:00 SecretsBritish Castles-Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:15 Bingo  2:30 Aquafit Class/Pool  6:30 Ripper Street- Ch 69 | **30**  7-1 Pounds Pulse and Pressure-  Chapel  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Midsomer Murders-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  6:30 Ripper Street- Ch 69 | **31**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Shetland Ch 69  10:00 Ecumenical Service with  11:00 TED Talks-Boardroom  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Giant Crossword-1st floor  6:30 Ripper Street- Ch 69  *8:30 Sound and Light show Parliament Hill* | **July 27th 2017** |  |