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| **Sunday** | **Monday** | October 2017 OVLC**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **1****WORLD SENIORS DAY**10:00 Cable Girls-Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Bob Caines2:00 Documentary-Ch 69**3:00 Entertainment with Papa’s Friends Chorus** 6:30 A Very British Problem-Ch 69  | **2**9:00 Walking Club9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Call The Midwife Ch69**10:00 Purdy’s Chocolates for Sale**10:30 Knitting Group-3rd **2:00 Bingo-1sr floor**2:00 Classic Movie-Ch 692:30 Movie- Left Field Theatre Room 3:00-&3:30 Ice Cream4:00 Rev Hartman Hymn Sings6:30 A Very British Problem-Ch 69  | **3**10:00 Balance Class- 3rd10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:30 Brain Games-1st fl11:15 Catholic Rosary11:15 Wellness Class-3rd **1:00-4:00 O.V.L.C. Health Fair** 2:00 Comedy Movie- Ch 69**2:00 Guest Speaker Alzheimer Society-Theatre Room****3:00 Exercise Class- 3rd Floor**6:30 A Very British Problem-Ch 69  | **4***9:15 Shopping at Barrhaven Mall*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 How The Universe Works Ch 69 10:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Art Group 1st floor3:00 George Plays Pianoand Goodbye Party for Carmen6:15 Euchre with Liz 1st fl6:30 A Very British Problem-Ch 69  | **5**9:15 Reminiscence -Boardroom10:00 Downton Abby- CH 6910:00 Balance Class-3rd10:45 Roman Catholic Mass- Chapel*11:00 Kars Harvest Luncheon*11:15 Wellness Class-3rd2:00 Bridge-3rd floor2:00 Classic Movie- Ch 692:00 Bingo-1st**3:15 Pumpkin Crafts-1st floor**6:30 A Very British Problem-Ch 69 7:30 Hockey Night Ottawa VS Washington Capitals | **6***9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:30 Spelling Bee- Boardroom2:00 Romance Movie- Ch 69*2:00 Social Hour & Entertainment with Margie and Bruce*6:30 A Very British Problem-Ch 69  | **7**10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl2:00 Movie- Lassie Come Home- Theatre Room2:00 Classic Movie Ch 696:30 A Very British Problem-Ch 69  7:00 Hockey Night Ottawa VS Detroit Red Wings |
| **8****THANKSGIVING SUNDAY**10:00 Cable Girls-Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with K Holman2:00 Documentary-Ch 692:00 Movie- Son Of Lassie ” Theatre Room6:30 A Very British Problem-Ch 69  | **9**THANKSGIVING MONDAYFOOTCARE NURSE IN 10:00 Call The Midwife Ch 6910:30 Knitting and Crochet Group 3rd – self Run2:00 Classic Movie-Ch 69 2:30 Movie “Quartet” Theatre Room **3:00 Free Thanksgiving Bingo with many prizes**!6:30 A Very British Problem-Ch 69  | **10**9:00 Manicures with YAZMIN*9:30 Fall Leaves Tour OVR*10:00 Balance Class- 3rd10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd 2:00 Comedy Movie- Ch 692:30 Residents Council Meeting4:00 Joe Plays Piano6:30 A Very British Problem-Ch 69   | **11***9:15 Shopping at Billings Bridge*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:00 How The Universe Works-Ch 69 10:30 3rd Floor Activities 2:00 Art Group 1st floor2:00 Western Movie-Ch 69*2:00 Latin Chair Dance-1st fl* *3:00 Edith Plays the Organ-3rd & Tea and Scones-3rd floor*6:15 Euchre with Liz 1st fl6:30 A Very British Problem-Ch 69  | **12**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Anna’s Travelling Gifts10:00 Downton Abby- CH 69*10:30 Shannon Singalong*11:15 Wellness Class-3rd*1:30 Fall Leaves Tour OVL OVS*2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st*3:30 Grateful We Are Not Dead Band-1st* fl6:30 A Very British Problem-Ch 69  | **13***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:00 Chair Exercises 3rd fl10:30 OT Dog Lucy visits-3rd*1:30 3rd World Bazaar Outing*2:00 Romance Movie- Ch 69*2:00 Social Hour & Entertainment with Mike Fahey*6:30 A Very British Problem-Ch 69  | **14**10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie “Courage of Lassie” Theatre Room3:30 Stick to the Rhythm with Rozsa-3rd floor6:30 A Very British Problem-Ch 69  |
| **15**10:00 Cable Girls-Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with K. Holman2:00 Documentary-Ch 692:00 Movie Marley and Me” Theatre Room6:30 A Very British Problem-Ch 69  | **16**9:00 Walking Club9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:00 Call The Midwife Ch 6910:30 Knitting Group-3rd 10:45 Prof Cammy Current Events*1:30 OVR Sightseeing Bus*2:00 Classic Movie-Ch 692:00 Bingo2:30 Movie –My Fair Lady” Theatre Room  3:00-&3:30 Ice Cream 3:30 Classical Piano and Violin with Anna Baksheeva6:30 A Very British Problem-C | **17**9:30 Mary Cook Stories with Fran-1st fl10:00 Balance Class- 3rd10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Comedy Movie- Ch 692:00 Bingo3:00 Suites Residents C. Meeting4:00 Latin Chair Dance- Suites4:00 Joe Plays Piano6:30 A Very British Problem-Ch 67:30 Hockey Night Ottawa VS Vancouver Canucks  | **18***9:15 Shopping at Kemptville* 9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f10:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 1st floor3:00 Concordia German Choir 6:15 Euchre with Liz 1st f6:30 A Very British Problem-Ch  | **19****9:15 White Elephant Sale-1st floor**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 6910:45 Roman Catholic Mass11:15 Wellness Class-3rd*1:30 Sightseeing Bus OVLC/OVS*2:00 Classic Movie- Ch 692:00 Bridge-3rd floor6:30 A Very British Problem-Ch 69 7:30 Hockey Night Ottawa VS New Jersey Devils | **20***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 692:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with The Rivermen 6:30 A Very British Problem-Ch 69   | ***21***10:00 When Calls The Heart-CH69 10:00 Ron’s Bingo 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie “I AM Sam” Theatre Room3:00 Young Bianca an Izzy play piano6:30 A Very British Problem-Ch 69 7:00 Hockey Night Ottawa VS Toronto Maple Leafs |
| **22**10:00 Cable Girls-Ch 69 10:00 Wild Europe- Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Movie Thetre Room Pure Country2:00 Ecumenical Service with Bob Caines6:30 A Very British Problem-Ch 69  | **23** FOOTCARE NURSE IN9:00 Walking Club9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Call The Midwife Ch 6910:30 Knitting Group 3rd2:00 Classic Movie-Ch 692:00 Bingo 2:30 Movie West Side Story” Th3:00-&3:30 Ice Cream6:30 A Very British Problem-Ch 7:00 Smile Theatre presents “Sunshine Sketches”Open House Dinner at 5:45 p.m. | **24**9:00 Manicures with Yazmin 10:00 Balance Class- 3rd 10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd 2:00 Comedy Movie- Ch 692:00 Bingo4:00 Joe Plays Piano6:30 A Very British Problem-Ch 69 7:30 Hockey Night Ottawa VS LA Kings | **25**7-1 Pounds Pulse and Pressure- Chapel*9:15 Shopping Carlingwood Mall Lunch Out*9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f10:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 1st floor3:00 International Set Wurst Party -Oktoberfest Music- Suites6:15 Euchre with Liz 1st fl6:30 A Very British Problem-Ch 69  | **26**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd *10:00 Carda Creations Clothing Sales*10:00 Downton Abby- CH 6910:00 Ecumenical Service withRev C Seabrooke11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st3:30 You Be The Judge-Boardroom6:30 A Very British Problem-7:30 Hockey Night Ottawa VS Philadelphia Flyers | **27***9:15 Manotick Shopping ? Ron*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 692:00 Social Hour Birthday Bash & Entertainment with Mary Ellen Shennan6:30 A Very British Problem-Ch 69  | ***28****9:30 Rideau Carleton Slots*10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Bingo-1st fl 2:00 Movie” Walk The Line Theatre Room3:30 Stick to the Rhythm with Rozsa-3rd floor6:30 A Very British Proble |
| **29** 10:00 Cable Girls-Ch 69 10:00 Wild Europe- Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion*1:00 IRT Theatre $16 Shorthanded A Ladies Game* 2:00 Documentary-Ch 692:00 Movie A Little Bit of Heaven Theatre Rm2:00 Ecu Service Rev Gratton3:30 Cape Breton Session?? 66:30 A Very British Problem | 309:00 Walking Club9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Shelva’s Homemade Crafts10:00 Call The Midwife Ch 6910:30 Knitting Group 3rd2:00 Classic Movie-Ch 692:00 Bingo 2:30 Movie –7 Brides for 7 Brothers ” Theatre Room 3:00-&3:30 Ice Cream*3:30 Wills World of Words*7:30 Hockey Night-Sens Vs  | **31 Halloween Day** 10:00 Balance Class- 3rd 10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:30 Brain Games-1st fl floor*11:00 Pumpkin Carving Suites*11:15 Catholic Rosary11:15 Wellness Class-3rd 2:00 Comedy Movie- Ch 691:45 Spooky Bingo-wear costume3:30 Halloween Party with Vicky Spurrell6:30 A Very British Problem 69  |  |  |  | **Sept 26th. 2017** |