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| **Sunday** | **Monday** | October 2017 OVLC  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **1**  **WORLD SENIORS DAY**  10:00 Cable Girls-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with  Bob Caines  2:00 Documentary-Ch 69  **3:00 Entertainment with Papa’s Friends Chorus**  6:30 A Very British Problem-Ch 69 | **2**  9:00 Walking Club  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Call The Midwife Ch69  **10:00 Purdy’s Chocolates for Sale**  10:30 Knitting Group-3rd  **2:00 Bingo-1sr floor**  2:00 Classic Movie-Ch 69  2:30 Movie- Left Field Theatre Room  3:00-&3:30 Ice Cream  4:00 Rev Hartman Hymn Sings  6:30 A Very British Problem-Ch 69 | **3**  10:00 Balance Class- 3rd  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:30 Brain Games-1st fl  11:15 Catholic Rosary  11:15 Wellness Class-3rd  **1:00-4:00 O.V.L.C. Health Fair** 2:00 Comedy Movie- Ch 69  **2:00 Guest Speaker Alzheimer Society-Theatre Room**  **3:00 Exercise Class- 3rd Floor**  6:30 A Very British Problem-Ch 69 | **4**  *9:15 Shopping at Barrhaven Mall*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 How The Universe Works Ch 69  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  3:00 George Plays Piano  and Goodbye Party for Carmen  6:15 Euchre with Liz 1st fl  6:30 A Very British Problem-Ch 69 | **5**  9:15 Reminiscence -Boardroom  10:00 Downton Abby- CH 69  10:00 Balance Class-3rd  10:45 Roman Catholic Mass- Chapel  *11:00 Kars Harvest Luncheon*  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 Classic Movie- Ch 69  2:00 Bingo-1st  **3:15 Pumpkin Crafts-1st floor**  6:30 A Very British Problem-Ch 69  7:30 Hockey Night Ottawa VS Washington Capitals | **6**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 Spelling Bee- Boardroom  2:00 Romance Movie- Ch 69  *2:00 Social Hour & Entertainment with Margie and Bruce*  6:30 A Very British Problem-Ch 69 | **7**  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Movie- Lassie Come Home- Theatre Room  2:00 Classic Movie Ch 69  6:30 A Very British Problem-Ch 69  7:00 Hockey Night Ottawa VS Detroit Red Wings |
| **8**  **THANKSGIVING SUNDAY**    10:00 Cable Girls-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with  K Holman  2:00 Documentary-Ch 69  2:00 Movie- Son Of Lassie ” Theatre Room  6:30 A Very British Problem-Ch 69 | **9**  THANKSGIVING MONDAY  FOOTCARE NURSE IN  10:00 Call The Midwife Ch 69  10:30 Knitting and Crochet Group 3rd – self Run  2:00 Classic Movie-Ch 69  2:30 Movie “Quartet”  Theatre Room  **3:00 Free Thanksgiving Bingo with many prizes**!  6:30 A Very British Problem-Ch 69 | **10**  9:00 Manicures with YAZMIN  *9:30 Fall Leaves Tour OVR*  10:00 Balance Class- 3rd  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:30 Residents Council Meeting  4:00 Joe Plays Piano  6:30 A Very British Problem-Ch 69 | **11**  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:30 3rd Floor Activities  2:00 Art Group 1st floor  2:00 Western Movie-Ch 69  *2:00 Latin Chair Dance-1st fl*  *3:00 Edith Plays the Organ-3rd & Tea and Scones-3rd floor*  6:15 Euchre with Liz 1st fl  6:30 A Very British Problem-Ch 69 | **12**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Anna’s Travelling Gifts  10:00 Downton Abby- CH 69  *10:30 Shannon Singalong*  11:15 Wellness Class-3rd  *1:30 Fall Leaves Tour OVL OVS*  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  *3:30 Grateful We Are Not Dead Band-1st* fl  6:30 A Very British Problem-Ch 69 | **13**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:00 Chair Exercises 3rd fl  10:30 OT Dog Lucy visits-3rd  *1:30 3rd World Bazaar Outing*  2:00 Romance Movie- Ch 69  *2:00 Social Hour & Entertainment with Mike Fahey*  6:30 A Very British Problem-Ch 69 | **14**  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie “Courage of Lassie” Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 A Very British Problem-Ch 69 |
| **15**  10:00 Cable Girls-Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with K. Holman  2:00 Documentary-Ch 69  2:00 Movie Marley and Me” Theatre Room  6:30 A Very British Problem-Ch 69 | **16**  9:00 Walking Club  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Call The Midwife Ch 69  10:30 Knitting Group-3rd  10:45 Prof Cammy Current Events  *1:30 OVR Sightseeing Bus*  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie –My Fair Lady” Theatre Room  3:00-&3:30 Ice Cream  3:30 Classical Piano and Violin with Anna Baksheeva  6:30 A Very British Problem-C | **17**  9:30 Mary Cook Stories with Fran-1st fl  10:00 Balance Class- 3rd  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:00 Bingo  3:00 Suites Residents C. Meeting  4:00 Latin Chair Dance- Suites  4:00 Joe Plays Piano  6:30 A Very British Problem-Ch 6  7:30 Hockey Night Ottawa VS Vancouver Canucks | **18**  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  3:00 Concordia German Choir  6:15 Euchre with Liz 1st f  6:30 A Very British Problem-Ch | **19**  **9:15 White Elephant Sale-1st floor**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  10:45 Roman Catholic Mass  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus OVLC/OVS*  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  6:30 A Very British Problem-Ch 69  7:30 Hockey Night Ottawa VS New Jersey Devils | **20**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with The Rivermen  6:30 A Very British Problem-Ch 69 | ***21***  10:00 When Calls The Heart-CH69  10:00 Ron’s Bingo  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie “I AM Sam” Theatre Room  3:00 Young Bianca an Izzy play piano  6:30 A Very British Problem-Ch 69  7:00 Hockey Night Ottawa VS Toronto Maple Leafs |
| **22**10:00 Cable Girls-Ch 69  10:00 Wild Europe- Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie Thetre Room Pure Country  2:00 Ecumenical Service with Bob Caines  6:30 A Very British Problem-Ch 69 | **23** FOOTCARE NURSE IN  9:00 Walking Club  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Call The Midwife Ch 69  10:30 Knitting Group 3rd  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie West Side Story” Th  3:00-&3:30 Ice Cream  6:30 A Very British Problem-Ch 7:00 Smile Theatre presents “Sunshine Sketches”  Open House  Dinner at 5:45 p.m. | **24**9:00 Manicures with Yazmin  10:00 Balance Class- 3rd  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:00 Bingo  4:00 Joe Plays Piano  6:30 A Very British Problem-Ch 69  7:30 Hockey Night Ottawa VS  LA Kings | **25**7-1 Pounds Pulse and Pressure- Chapel  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch 69  10:00 Chair Exercises 3rd f  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  3:00 International Set  Wurst Party -Oktoberfest Music- Suites  6:15 Euchre with Liz 1st fl  6:30 A Very British Problem-Ch 69 | **26**9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  *10:00 Carda Creations Clothing Sales*  10:00 Downton Abby- CH 69  10:00 Ecumenical Service with  Rev C Seabrooke  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:30 You Be The Judge-Boardroom  6:30 A Very British Problem-7:30 Hockey Night Ottawa VS Philadelphia Flyers | **27***9:15 Manotick Shopping ? Ron*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch 69  10:30 OT Dog Lucy visits-3rd  2:00 Romance Movie- Ch 69  2:00 Social Hour Birthday Bash & Entertainment with Mary Ellen Shennan  6:30 A Very British Problem-Ch 69 | ***28****9:30 Rideau Carleton Slots*  10:00 When Calls The Heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Bingo-1st fl  2:00 Movie” Walk The Line Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 A Very British Proble |
| **29** 10:00 Cable Girls-Ch 69  10:00 Wild Europe- Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  *1:00 IRT Theatre $16 Shorthanded A Ladies Game*  2:00 Documentary-Ch 69  2:00 Movie A Little Bit of Heaven Theatre Rm  2:00 Ecu Service Rev Gratton  3:30 Cape Breton Session?? 6  6:30 A Very British Problem | 309:00 Walking Club  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Shelva’s Homemade Crafts  10:00 Call The Midwife Ch 69  10:30 Knitting Group 3rd  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie –7 Brides for 7 Brothers ” Theatre Room  3:00-&3:30 Ice Cream  *3:30 Wills World of Words*  7:30 Hockey Night-Sens Vs | **31 Halloween Day**  10:00 Balance Class- 3rd  10:00 Mrs Fisher’s Murder Mysteries-Ch 69  10:30 Brain Games-1st fl floor  *11:00 Pumpkin Carving Suites*  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  1:45 Spooky Bingo-wear costume  3:30 Halloween Party with  Vicky Spurrell  6:30 A Very British Problem 69 |  |  |  | **Sept 26th. 2017** |