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| **Sunday** | **Monday** | November 2017 OVLC**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | **Oct 31 2017** | **1***9:15 Shopping at Barrhaven Mall*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 How The Universe Works-Ch69 10:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Art Group 1st floor*3:00 George Plays Piano-1st fl* 6:15 Euchre with Liz 1st fl6:30 Scott and Bailey CH 69 | **2****9-12 Flu Clinic- 3rd floor**9:15 Reminiscence -Boardroom10:00 Downton Abbey-Ch69 10:00 Balance Class-3rd10:45 Roman Catholic Mass- Chapel11:15 Wellness Class-3rd2:00 Bridge-3rd floor2:00 Classic Movie- Ch 692:00 Bingo-1st6:30 Scott and Bailey CH 69*6:30 Shuhplattlers Traditional German Dance Group* 7:00 Hockey Night Ottawa VS Detroit Red Wings | **3***9:15 Manotick Shopping*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Deborah’s Scarves-1st fl**10:00 Davidson Hearing Clinic**10:00 Hidden Houses-Ch6910:15 Jeopardy Game2:00 Romance Movie- Ch 69*2:00 Social Hour & Entertainment with Margie and Bruce*6:30 Scott and Bailey CH 69 | **4**10:00 When Calls The heart-CH69 11:00 Tai Chi-3rd fl2:00 Movie “Snows of Kilimanjaro” Theatre Room2:00 Classic Movie Ch 693:30 Stick to the Rhythm with Rozsa-3rd floor6:30 Scott and Bailey CH 69 7:00 Hockey Night Ottawa VS Vegas Golden Knights |
| **5**10:00 Wild Europe- Ch 69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Bob Caines2:00 Documentary-Ch 692:00 Movie-“Anna Karenina 1948 ” Theatre Room6:30 Scott and Bailey CH 69 | **6**FOOTCARE NURSE IN 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Call The Midwife-CH69 10:30 Knitting and Crochet Group 3rd 10:45 Prof Cammy Current Events2:00 Classic Movie “A Connecticut Yankee in King Arthurs Court”-Ch 69 2:00 Bingo-1st fl2:30 Movie “” Theatre Room 3:00 Ice Cream Cart-1st & 3rd 6:30 *4:00 Rev Hartman Hymn Sing* 6:30 Scott and Bailey CH 69 | **7 Footcare Nurse In** 9:00 Manicures with YAZMIN10:00 Balance Class- 3rd10:00 Miss Fisher’s Murder Mystery-Ch6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd 2:00 Bingo-1st fl 3:00 Guest Speaker from the Memory Project- Retired BGen Chris Ford2:00 Comedy Movie- Ch 694:00 Jo e on Piano6:30 CH 69 Scott and Bailey   | **8***9:15 Shopping at Billings Bridge*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 How The Universe Works-Ch69 10:30 3rd Floor Activities 2:00 Art Group 1st floor2:00 Western Movie-Ch 69*3:00 Edith Plays the Organ-3rd* And Friendship Tea and Scones6:15 Euchre with Liz 1st fl6:30 Scott and Bailey CH 69 | **9****9-12 Flu Clinic 3rd floor**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abbey-Ch69 *10:30 Shannon Singalong*11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor**2:00 Nygard Fashion Show****and sales-1st floor**6:30 Scott and Bailey CH 69 | **10***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch6910:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 69*2:00 Social Hour & Entertainment with Arlene Quinn* 6:30 Scott and Bailey CH 69 | **11**10:00 When Calls The heart-CH69 **10:15 Remembrance Day Ceremony with Prof Cammy**2:00 Classic Movie Ch 692:00 Movie “A Tale of Two Cities ” Theatre Room6:30 Scott and Bailey CH 69 |
| **12**10:00 Cable Girls-Ch69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with K. Holman2:00 Documentary-Ch 692:00 Movie “Jane Eyre 1971 ” Theatre Room6:30 Scott and Bailey CH 69 | **13**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Call The Midwife-CH69 10:30 Knitting Group-3rd *11:15 Red Lobster for Lunch*2:00 Classic Movie-Ch 692:00 Bingo2:30 Movie –” Legend of the Sea Wolf” Theatre Room  3:00-&3:30 Ice Cream 3:30 “You Be The Judge” Boardroom6:30 Scott and Bailey CH 69 | **14**9:30 Mary Cook Stories Fran-1st fl10:00 Balance Class- 3rd10:00 Miss Fisher’s Murder Mystery-Ch6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd*11:30 Men’s Luncheon* 2:00 Comedy Movie- Ch 69**2:30 Residents Council Meeting-****1st fl**3:00 Card Games and Board Ganes-1st 4:00 Joe on Piano6:30 Scott and Bailey CH 69 | **15***9:15 Shopping at Carlingwood and Lunch Out*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:00 How The Universe Works-Ch69 10:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Classical Music with Anna Baksheeva-1st fl 2:30 Art Group 1st floor6:15 Euchre with Liz 1st fl6:30 Scott and Bailey CH 69**7**:**00 Dementia In service** **for Families with Jacqueline** | **16**9:30 Eye Clinic - Multigen10:00 Balance Class-3rd **10:00 Heidi & Rolf Clothing** 10:00 Downton Abbey-Ch69 10:45 Roman Catholic Mass11:15 Wellness Class-3rd*1:30 Sightseeing Bus OVLC/OVS*2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st3:15 Giant Crossword-1st floor6:30 Scott and Bailey CH 697:00 Russell Community Concert BandDinner at 5:45 p.m.7:30 Hockey Night Ottawa VS Pittsburg Penguins | **17***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch692:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Len Goldfarb 6:30 Scott and Bailey CH 69 | ***18***10:00 When Calls The heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie “Adventures of Huckleberry Finn” Theatre Room2:00 Open House Euchre Tournament (Suites)*3:30 Young Bianca and Izzy play piano-1st fl*6:30 Scott and Bailey CH 697:00 Hockey Night Ottawa VS Arizona Coyotes |
| **19**10:00 Cable Girls-Ch69 10:15 Jeopardy 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Ecumenical Service with Rev Gratton**3:15 Living Wish****Joan Sibley****Kanata Choral Society**6:30 Scott and Bailey CH 69 | **20** FOOTCARE NURSE IN9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl 10:00 Call The Midwife-CH69 10:30 Knitting Group 3rd2:00 Classic Movie-Ch 692:00 Bingo 2:30 Movie –“Jungle Book 1942 ” Theatre Room 3:00- Scott and Bailey &3:30 Ice Cream6:30 CH 69 | **21 Footcare Nurse In**9:00 Manicures with Yazmin 10:00 Balance Class- 3rd10:00 Miss Fisher’s Murder Mystery-Ch6910:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd 2:00 Comedy Movie- Ch 692:00 Bingo3:00 Suites Residents C. Meeting4:00 Joe on Piano6:30 Scott and Bailey CH 69 | **22***9:15 Shopping at Kemptville*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:00 How The Universe Works-Ch69 10:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 1st floor3:00 Barrhaven Fiddleheads6:15 Euchre with Liz 1st fl6:30 Scott and Bailey CH 69 | **23**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abbey-Ch69 10:00 Ecumenical Service withRev Beattie**11:00 Sunshine Gifts Vendor**11:15 Wellness Class-3rd*1:30 Rideau Carleton Slots*2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st6:30 Scott and Bailey Ch 69 | **24***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch6910:30 OT Dog Lucy visits-3rd2:00 Romance Movie- Ch 692:00 Social Hour Birthday Bash & Entertainment with Jack Schoular 6:30 Scott and Bailey CH 69 | ***25***10:00 When Calls The heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie ”Call of the Wild” Theatre Room2:00 Jack’s Bingo3:30 Stick to the Rhythm with Rozsa-3rd floor6:30 Scott and Bailey CH 69 |
| **26** 10:00 Cable Girls-Ch69 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Movie “Macbeth 1961” Theatre Room2:00 Ecumenical Service with K Holman **3:00 Open House –****Grey Cup Party Suites**6:30 Scott and Bailey CH 69 | **27**9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Call The Midwife-CH69 10:30 Knitting Group 3rd2:00 Classic Movie-Ch 692:00 Bingo 2:30 Movie –”Of Human Bondage” Theatre Room 3:00-&3:30 Ice Cream3:30 Latin Chair dancing-1st fl6:30 Scott and Bailey CH 696:30 Bella Borealis Christmas Special | **28**10:00 Balance Class- 3rd 10:00 Miss Fisher’s Murder Mystery-Ch69 10:30 Brain Games-1st fl floor11:15 Catholic Rosary11:15 Wellness Class-3rd2:00 Comedy Movie- Ch 692:00 Bingo – 1st 4:00 Joe on Piano6:30 Scott and Bailey CH 69 | **29**7-1 Pounds Pulse and Pressure- Chapel*9:15 Shopping Carlingwood Mall Lunch Out*9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd f10:00 How The Universe Works-Ch6910:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 1st floor3:00 World Music Jam 6:15 Euchre with Liz 1st fl6:30 Scott and Bailey CH 69 | **30**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd  **10:00 Peter’s Christmas Craft Sale** 10:00 Downton Abbey-Ch69 11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bridge-3rd floor2:00 Bingo-1st6:30 Scott and Bailey CH 69 |  |  |