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| **Sunday** | **Monday** | November 2017 OVLC  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | **Oct 31 2017** | **1**  *9:15 Shopping at Barrhaven Mall*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch69  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Art Group 1st floor  *3:00 George Plays Piano-1st fl*  6:15 Euchre with Liz 1st fl  6:30 Scott and Bailey CH 69 | **2**  **9-12 Flu Clinic- 3rd floor**  9:15 Reminiscence -Boardroom  10:00 Downton Abbey-Ch69  10:00 Balance Class-3rd  10:45 Roman Catholic Mass- Chapel  11:15 Wellness Class-3rd  2:00 Bridge-3rd floor  2:00 Classic Movie- Ch 69  2:00 Bingo-1st  6:30 Scott and Bailey CH 69  *6:30 Shuhplattlers Traditional German Dance Group*  7:00 Hockey Night Ottawa VS Detroit Red Wings | **3**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Deborah’s Scarves-1st fl  **10:00 Davidson Hearing Clinic**  10:00 Hidden Houses-Ch69  10:15 Jeopardy Game  2:00 Romance Movie- Ch 69  *2:00 Social Hour & Entertainment with Margie and Bruce*  6:30 Scott and Bailey CH 69 | **4**  10:00 When Calls The heart-CH69  11:00 Tai Chi-3rd fl  2:00 Movie “Snows of Kilimanjaro” Theatre Room  2:00 Classic Movie Ch 69  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 Scott and Bailey CH 69  7:00 Hockey Night Ottawa VS Vegas Golden Knights |
| **5**  10:00 Wild Europe- Ch 69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with Bob Caines  2:00 Documentary-Ch 69  2:00 Movie-“Anna Karenina 1948 ” Theatre Room  6:30 Scott and Bailey CH 69 | **6**  FOOTCARE NURSE IN  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Call The Midwife-CH69 10:30 Knitting and Crochet Group 3rd  10:45 Prof Cammy Current Events  2:00 Classic Movie “A Connecticut Yankee in King Arthurs Court”-Ch 69  2:00 Bingo-1st fl  2:30 Movie “” Theatre Room  3:00 Ice Cream Cart-1st & 3rd 6:30 *4:00 Rev Hartman Hymn Sing*  6:30 Scott and Bailey CH 69 | **7 Footcare Nurse In**  9:00 Manicures with YAZMIN  10:00 Balance Class- 3rd  10:00 Miss Fisher’s Murder Mystery-Ch69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Bingo-1st fl  3:00 Guest Speaker from the Memory Project- Retired BGen Chris Ford  2:00 Comedy Movie- Ch 69  4:00 Jo e on Piano  6:30 CH 69 Scott and Bailey | **8**  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 How The Universe Works-Ch69  10:30 3rd Floor Activities  2:00 Art Group 1st floor  2:00 Western Movie-Ch 69  *3:00 Edith Plays the Organ-3rd*  And Friendship Tea and Scones  6:15 Euchre with Liz 1st fl  6:30 Scott and Bailey CH 69 | **9**  **9-12 Flu Clinic 3rd floor**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abbey-Ch69  *10:30 Shannon Singalong*  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  **2:00 Nygard Fashion Show**  **and sales-1st floor**  6:30 Scott and Bailey CH 69 | **10**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch69  10:30 OT Dog Lucy visits-3rd  2:00 Romance Movie- Ch 69  *2:00 Social Hour & Entertainment with Arlene Quinn*  6:30 Scott and Bailey CH 69 | **11**  10:00 When Calls The heart-CH69  **10:15 Remembrance Day Ceremony with Prof Cammy**  2:00 Classic Movie Ch 69  2:00 Movie “A Tale of Two Cities ” Theatre Room  6:30 Scott and Bailey CH 69 |
| **12**  10:00 Cable Girls-Ch69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with K. Holman  2:00 Documentary-Ch 69  2:00 Movie “Jane Eyre 1971 ” Theatre Room  6:30 Scott and Bailey CH 69 | **13**  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Call The Midwife-CH69  10:30 Knitting Group-3rd  *11:15 Red Lobster for Lunch*  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie –” Legend of the Sea Wolf” Theatre Room  3:00-&3:30 Ice Cream  3:30 “You Be The Judge” Boardroom  6:30 Scott and Bailey CH 69 | **14**  9:30 Mary Cook Stories Fran-1st fl  10:00 Balance Class- 3rd  10:00 Miss Fisher’s Murder Mystery-Ch69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  *11:30 Men’s Luncheon*  2:00 Comedy Movie- Ch 69  **2:30 Residents Council Meeting-**  **1st fl**  3:00 Card Games and Board Ganes-1st  4:00 Joe on Piano  6:30 Scott and Bailey CH 69 | **15**  *9:15 Shopping at Carlingwood and Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:00 How The Universe Works-Ch69  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:00 Classical Music with Anna Baksheeva-1st fl  2:30 Art Group 1st floor  6:15 Euchre with Liz 1st fl  6:30 Scott and Bailey CH 69  **7**:**00 Dementia In service**  **for Families with Jacqueline** | **16**  9:30 Eye Clinic - Multigen  10:00 Balance Class-3rd  **10:00 Heidi & Rolf Clothing**  10:00 Downton Abbey-Ch69  10:45 Roman Catholic Mass  11:15 Wellness Class-3rd  *1:30 Sightseeing Bus OVLC/OVS*  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  3:15 Giant Crossword-1st floor  6:30 Scott and Bailey CH 69  7:00 Russell Community Concert Band  Dinner at 5:45 p.m.  7:30 Hockey Night Ottawa VS Pittsburg Penguins | **17**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch69  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Len Goldfarb  6:30 Scott and Bailey CH 69 | ***18***  10:00 When Calls The heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie “Adventures of Huckleberry Finn” Theatre Room  2:00 Open House  Euchre Tournament (Suites)  *3:30 Young Bianca and Izzy play piano-1st fl*  6:30 Scott and Bailey CH 69  7:00 Hockey Night Ottawa VS Arizona Coyotes |
| **19**  10:00 Cable Girls-Ch69  10:15 Jeopardy  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Ecumenical Service with Rev Gratton  **3:15 Living Wish**  **Joan Sibley**  **Kanata Choral Society**  6:30 Scott and Bailey CH 69 | **20** FOOTCARE NURSE IN  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Call The Midwife-CH69  10:30 Knitting Group 3rd  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie –“Jungle Book 1942 ” Theatre Room  3:00- Scott and Bailey &3:30 Ice Cream  6:30 CH 69 | **21 Footcare Nurse In**  9:00 Manicures with Yazmin  10:00 Balance Class- 3rd  10:00 Miss Fisher’s Murder Mystery-Ch69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:00 Bingo  3:00 Suites Residents C. Meeting  4:00 Joe on Piano  6:30 Scott and Bailey CH 69 | **22**  *9:15 Shopping at Kemptville*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:00 How The Universe Works-Ch69  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  3:00 Barrhaven Fiddleheads  6:15 Euchre with Liz 1st fl  6:30 Scott and Bailey CH 69 | **23**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abbey-Ch69  10:00 Ecumenical Service with  Rev Beattie  **11:00 Sunshine Gifts Vendor**  11:15 Wellness Class-3rd  *1:30 Rideau Carleton Slots*  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  6:30 Scott and Bailey Ch 69 | **24**  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Hidden Houses-Ch69  10:30 OT Dog Lucy visits-3rd  2:00 Romance Movie- Ch 69  2:00 Social Hour Birthday Bash & Entertainment with Jack Schoular  6:30 Scott and Bailey CH 69 | ***25***  10:00 When Calls The heart-CH69  11:00 Tai Chi-3rd fl  2:00 Classic Movie Ch 69  2:00 Movie ”Call of the Wild” Theatre Room  2:00 Jack’s Bingo  3:30 Stick to the Rhythm with Rozsa-3rd floor  6:30 Scott and Bailey CH 69 |
| **26**  10:00 Cable Girls-Ch69  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Documentary-Ch 69  2:00 Movie “Macbeth 1961” Theatre Room2:00 Ecumenical Service with K Holman  **3:00 Open House –**  **Grey Cup Party Suites**  6:30 Scott and Bailey CH 69 | **27**  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:00 Call The Midwife-CH69  10:30 Knitting Group 3rd  2:00 Classic Movie-Ch 69  2:00 Bingo  2:30 Movie –”Of Human Bondage” Theatre Room  3:00-&3:30 Ice Cream  3:30 Latin Chair dancing-1st fl  6:30 Scott and Bailey CH 69  6:30 Bella Borealis Christmas Special | **28**  10:00 Balance Class- 3rd  10:00 Miss Fisher’s Murder Mystery-Ch69  10:30 Brain Games-1st fl floor  11:15 Catholic Rosary  11:15 Wellness Class-3rd  2:00 Comedy Movie- Ch 69  2:00 Bingo – 1st  4:00 Joe on Piano  6:30 Scott and Bailey CH 69 | **29**  7-1 Pounds Pulse and Pressure-  Chapel  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:00 How The Universe Works-Ch69  10:30 3rd Floor Activities  2:00 Western Movie-Ch 69  2:30 Art Group 1st floor  3:00 World Music Jam  6:15 Euchre with Liz 1st fl  6:30 Scott and Bailey CH 69 | **30**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  **10:00 Peter’s Christmas Craft Sale**  10:00 Downton Abbey-Ch69  11:15 Wellness Class-3rd  2:00 Classic Movie- Ch 69  2:00 Bridge-3rd floor  2:00 Bingo-1st  6:30 Scott and Bailey CH 69 |  |  |