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| **March 4th 2018****Sunday** | **Monday** | March 2018 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\256120516[1].jpg** | **March 8th** **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\international_women__s_day_by_ceeeko-d4s7qky[1].jpg** | **March 11th****C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\Spring_Ahead[1].jpg** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\damaskclover[1].jpg** | **1**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 69*10:15 Catholic Rosary-chapel**10:45 Roman Catholic Mass***11:00 Let’s Make our own Pizza for Lunch- sign up pls**11:15 Wellness Class-3rd2:00 Classic Movie- Ch 62:00 Bingo-1st*3:00 Food Committee Mtg*3:00 Bridge-3:30 Spelling Bee6:30 Scott and Bailey CH 69 | **2***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:00 Chair Exercises 3rd fl10:30 Giant Crossword-1st 2:00 Romance Movie- Ch 69*2:00 Social Hour & Entertainment with Ottawa Police Chorus* 6:30 Scott and Bailey CH 69 | **3**10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie “ Bridges of Madison County ” Theatre Room3:30 Stick to the Rhythm with Rozsa-3rd floor6:30 Scott and Bailey CH 69*8:00 Ottawa Vs Arizona* |
| **4**10:00 Cable Girls-Ch 69 10:15 Giant Crossword-1st fl11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Ecumenical Service with Bob Caines 2:00 Documentary-Ch 693:30 Music by the Barrhaven Fiddleheads 6:30 Scott and Bailey CH 69 | **5**9:30 Knitting Group-3rd 10:00 Call The Midwife Ch 6910:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl2:00 Classic Movie-Ch 692:00 Bingo2:30 Movie –“ State Fair” Theatre Room  3:00-&3:30 Ice Cream 3:30 Shannon Singalong6:30 Scott and Bailey CH 698:30 Dallas Vs Ottawa Senators  | **6**9:30 Mary Cook Stories/ Fran-chapel10:00 Balance Class- 3rd10:00 Ms Fisher’s M Mysteries-Ch 6910:30 Brain Games11:15 Wellness Class-3rd2:00 Comedy Movie- Ch 692:00 Bingo3:15 Hot Chocolate Cart*4:00 Rev Hartman Hymn Sing*6:30 Scott and Bailey CH 69 | **7***9:15 Shopping at Billings Bridge*9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f10:30 3rd Floor Activities2:00 Western Movie-Ch 692:00 Art Group 3rd floor3:00 Armchair Travel to North Umbria with Percy Bateson- Theatre Room *6:00 Euchre with Liz*6:30 Scott and Bailey CH 69 | **8**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 69*10:15 Catholic Rosary-chapel*11:00 Sunshine Gifts Vendor 11:15 Wellness Class-3rd2:00 Rideau Carleton Slots2:00 Classic Movie- Ch 693:00 Bridge3:30 Hungarian Music/Rozsa6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS Buffalo | **9** *9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 692:00 Romance Movie- Ch 692:00 Social Hour & Entertainment with Stanley Frank6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS Calgary Flames | ***10***10:00 When Calls The Heart-CH 69**10:15 Bingo**11:00 Tai Chi-3rd fl 2:00 **Living Wish Surprise with Entertainment**2:00 Classic Movie Ch 696:30 Scott and Bailey CH 69 |
| **11 Daylight Savings** 10:00 Cable Girls-Ch 69 10:15 Giant Crossword Puzzle-1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Movie “The Amateurs”Theatre Room 2:00 Ecumenical Service with K Holman 6:30 Scott and Bailey CH 69 | ***12****FOOTCARE NURSE IN*9:30 Knitting Group 3rd10:00 Call The Midwife Ch 69**10:00 Davidson Hearing Clinic**10:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl2:00 Classic Movie-“” Ch 692:00 Bingo 2:30 Movie Oklahoma” Theatre Room 3:00-&3:30 Ice Cream3:30 “Spelling Bee” Boardroom 6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS Florida | **13**9:00 Manicures/ Yazmin 10:00 Balance Class- 3rd10:00 Miss Fisher’s M Mysteries C6910:30 Brain Games-1st fl floor11:15 Wellness Class-3rd *12:15 Irish Tea Outing*2:00 Comedy Movie- Ch 692:30 Residents Council Meeting 3:15 Hot Chocolate Cart3:30 Shuffleboard-1st fl6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS Tampa Bay | **14** *9:15 Shopping at Barrhaven*9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f10:30 3rd Floor Activities*1:30 Sightseeing Bus OVLC* 2:00 Western Movie-Ch 692:00 Art Group 3rd floor3:00 Edith Plays the Organ*6:00 Euchre with Liz*6:30 Scott and Bailey CH 69 | **15**9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 69*10:15 Catholic Rosary-chapel**10:45 Roman Catholic Mass*11:15 Wellness Class-3rd*11:15 Kars Luncheon Outing*2:00 Classic Movie- Ch 692:00 Bingo-1st2:45 Latin Chair Dancing3:00 Bridge6:30 Scott and Bailey CH 69 | **16** *9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:30 Giant Crossword2:00 Romance Movie- Ch 692:00 Social Hour and Entertainment with Alan Sandleman6:30 Scott and Bailey CH 697:30 Hockey Night Ottawa VS Dallas | ***17 St Patrick’s Day***10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie” Ireland “Theatre Room3:00 -4:00 Robin AverillOpen House PartyC:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\st-paddy[1].png6:30 Scott and Bailey CH 697:00 Ottawa Sens VS Columbus  |
| **18**10:00 Cable Girls-Ch 69 10:15 Giant Crossword Puzzle-1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Movie “Victor Borge Birthday Gala” Theatre Room 2:00 Ecumenical Service with K Holman 6:30 Scott and Bailey | **19**9-1 John Peters- Boardroom 9:30 Knitting Group-3rd fl**10:00 White Elephant Sale-1st fl**10:00 Call The Midwife Ch 6910:30 Chair Exercises 3rd fl11:00 Chair Exercises 3rd fl2:00 Classic Movie- 2:00 Bingo**2:00 New- Wii Game 1st floor**2:30 Movie ” Carousel “Theatre Room3:00-&3:30 Ice Cream3:**00 You Be The Judge** 6:30 Scott and Bailey CH 69 | **20**9-1 John Peters- Boardroom 10:00 Balance Class10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:30 Brain Games11:15 Wellness Class11:15 Catholic Rosary2:00 Comedy Movie- Ch 69 2:00 Bingo3:00 Suites Residents C. Meeting3:15 Hot Chocolate Cart 3:30 Shuffleboard-1st fl6:30 Scott and Bailey CH 697:30 Ottawa Sens VS Florida | **21***9:15 Shopping at Bank Street Giant Tiger*9:30 Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:00 Chair Exercises 3rd f10:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 3rd floor*3:00 George on Piano-1st fl**6:00 Euchre with Liz*6:30 Scott and Bailey CH 69 | 229:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 6910:00 Ecu Service with Bob Caines11:15 Wellness Class-3rd2:00 Classic Movie- Ch 692:00 Bingo-1st**2:00 Northern Reflections Spring Fashion Show** 6:30 Scott and Bailey CH 697:30 Ottawa Sens VS Edmonton | **23***9:15 Manotick Shopping* 9:30 Chair Exercises 3rd fl10:00 Chair Exercises 3rd fl10:00 Hidden Houses-Ch 6910:30 Giant Crossword2:00 Romance Movie- Ch 692:00 Entertainment with Arlene Quinn6:30 Scott and Bailey CH 69 | ***24***10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Movie ”Victor Borge Then and Now Theatre Room2:15 Bingo with Alex -3rd fl3:30 Stick to the Rhythm with Rozsa-3rd floor6:30 Scott and Bailey CH 697:00 Ottawa Sens VS Carolina |
| **25Palm Sunday**10:00 Cable Girls-Ch 69 10:15 Giant Crossword Puzzle-1st fl 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Documentary-Ch 692:00 Movie Best of Victor Borge Theatre Room 2:00 Ecu Service Rev Gratton6:30 Scott and Bailey | **26**FOOTCARE NURSE IN9:30 Knitting Group-3rd fl10:00 Call The Midwife Ch 6910:30 Men’s Trivia and Coffee- GV10:30 Video Chair Exercises 3rd2:00 Bingo-1st fl2:00 Classic Movie-Ch 69 2:30 Movie ”King and I Theatre Room3:30 Latin Chair Dancing-1st 3:00 Ice Cream Cart-1st 6:30 Scott and Bailey CH 697:00 Ottawa Sens VS Carolina  | **27** 9:00 Manicures/ Yazmin 10:00 Mrs Fisher’s Murder Mysteries-Ch 6910:00 Balance Class10:30 Brain Games11:15 Wellness Class11:15 Catholic Rosary2:00 Comedy Movie- Ch 69 2:00 Bingo-1st fl3:15 Hot Chocolate Cart3:30 Shuffleboard-1st fl6:30 Scott and Bailey CH 697:30 Ottawa Sens VS New York Islanders | **28 7-8 a.m. & 11- 12** Pounds Pulse /Pressure- Chapel*6:00 Euchre with Liz**9:15 Shopping Carlingwood Mall Lunch Out*9:30 Femmie’s Chair Exercises 3rd fl10:00 How The Universe Works-Ch 69 10:30 3rd Floor Activities2:00 Western Movie-Ch 692:30 Art Group 1st floor**2:00 Singalong with Marg ie & Bruce-1st fl***6:00 Euchre with Liz* | 29*9:15 Manotick Shopping*9:15 Reminiscence -Bdrm10:00 Balance Class-3rd 10:00 Downton Abby- CH 6910:00 Ecu Service with Bob Caines 10:30 Bingo-1st11:15 Wellness Class-3rd2:00 Classic Movie- Ch 696:30 Scott and Bailey CH 692:00 Entertainment with Mary Ellen Shennan and Birthday Bash3:00 Bridge-1st fl7:30 Ottawa Sens VS Florida | **30 GOOD FRIDAY**10:00 Hidden Houses-Ch 692:00 Romance Movie- Ch 692:00 Movie “Son of God” Theatre Room-6:30 Scott and Bailey CH 69 | ***31***10:00 When Calls The Heart-CH69 11:00 Tai Chi-3rd fl 2:00 Classic Movie Ch 692:00 Ottawa Sens VS Detroit2:00 Movie “Sully ”Theatre Room2:00 Barb’s Bingo6:30 Scott and Bailey CH 69 |