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| May 29th 2018  **Sunday** | Monday | June 2018 Orchard Walk  Tuesday | Wednesday | Thursday | Friday | Saturday |
| **Channel 69 Netflix Daily**  **10:00 a.m. “Secrets of British Castles”**  **2:00 p.m. “Anne”**  **6:30 Scott and Bailey** | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\Private_Swimming_Pool[1].jpg | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\happy-fathers-day1[1].jpg | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\good_sun1[1].jpg  POOL OPENS JUNE 1st 1-3 p.m. | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\cartoon_beach-full[1].jpg  JUNE IS SENIORS MONTH! | 1  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  1-3 Pool Open  2:00 Romance Movie- Ch 69  2:00 Social Hour & Entertainment with Margie Bruce and Friends  3:30 Lets Play Pool-1st fl | *2*  10:15 Ron’s Bingo-1st floor  11:00 Tai Chi-3rd fl  1-3 Pool Open  2:00 Classic Movie Ch 69  2:00 Movie-“Unbroken ” Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  R |
| 3  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool Open  2:00 Movie “I Am Sam” Theatre Room  2:00 Ecumenical Service with Bob Caines    R | *4*  *FOOTCARE NURSE IN*  9:30 Knitting Group 3r  10:00 Home Sweet Home Vendor Sales- 1st floor  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1-3 Pool Open  2:00 Bingo-1st floor  2:30 Movie “The Prince and Me” Theatre Room  3:00-&3:30 Ice Cream  3:30 Shannon Singalong | 5  9:00 Manicures/ Yazmin  9:30 Mary Cook Stories/ Fran-Chapel  10:00 Balance Class- 3rd  11:15 Wellness Class-3rd  1-3 Pool Open  3:15 Lemonade Cart  2:30 AQUAFIT  *4:00 Rev Hartman Hymn Sing-1st* | 6  *9:15 Shopping at Billings Bridge*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 Activities with Sue- Patio  1-3 Pool Open  2:00 Art Group 3rd floor  3:00 Words of the Wise -1st fl  *6:00 Euchre with Liz* | 7 **Provincial Election -1st floor**  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Downton Abby- CH 69  *10:15 Catholic Rosary-chapel*  11:15 Wellness Class-3rd  1-3 Pool Open  2:00 Bingo-1st  3:00 Food Committee Meeting 3:00 Bridge | 8  9:00 Walking Club-meet at patio  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:30 Highway 43  Car Club  10:30 Giant Crossword-3rd fl  1-3 Pool Open  2:00 Romance Movie- Ch 69  2:00 Social Hour and Entertainment with Papa’s Friends  3:30 Lets Play Pool-1st fl | *9*  10:15 Bingo-1st floor  11:00 Tai Chi-3rd fl  1-3 Pool Open  2:00 Movie “Nunsense 2” ”Theatre Room  M |
| 10  10:00 Cable Girls-Ch 69  10 :15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool Open  2:00 Documentary-Ch 69  2:00 Movie-“St Vincent” Theatre Room  2:00 Ecumenical Service with K Holman  6:30 Scott and Bailey  M | 11  9:30 Knitting Group-3rd fl  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  *11:30 Lunch and tour of St Albert’s Cheese Factory*  1-3 Pool Open  2:00 Bingo 1st fl  2:30 Movie “My Fair Lady”” Theatre Room  3:00-&3:30 Ice Cream  3:30 Latin Chair Dancing-3rd fl | 12  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  1-3 Pool Open  2:30 Residents Council Meeting  2:30 AQUAFIT  3:15 Lemonade Cart  3:30 Shuffleboard-1st fl | 13  *9:15 Shopping at Barrhaven*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 Activities with Sue- Patio  1-3 Pool Open  2:30 Art Group 3rd floor  3:00 Spelling Bee- Boardroom  *6:00 Euchre with Liz* | 14  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  *10:15 Catholic Rosary-chapel* 11:00 Sunshine Gifts Vendor  11:15 Wellness Class-3rd  *11:15 Welcome to Summer Kars Luncheon*  1-3 Pool Open  2:00 Bingo-1st  3:00 Bridge 2nd floor  6:30 -7:30  Dance with Bob and Don | 15  9:00 Walking Club-meet at patio  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:30 Let’s Bake- sign up pls  1-3 Pool Open  2:00 Romance Movie- Ch 69  2:00 Entertainment with Simon Clarke  3:30 Lets Play Pool-1st fl | *16*  *9:15 Manotick Shopping*  10:15 Bingo-1st floor  11:00 Tai Chi-3rd fl  1-3 Pool Open  2:00 Slide presentation… Percy’s Memories of Turkey”  Theatre Room  3:30 Stick to the Rhythm with Rozsa-3rd floor  K |
| 17  **Happy Father’s Day**  10:00 Cable Girls-Ch 69  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  Father’s Day BBQ for Lunch  1-3 Pool Open  2:00 Documentary-Ch 69  2:00 Movie “Pirates of the Carribean” Theatre Room  2:00 Ecu Service K Holman  3:15 Donuts for Dads  K | 18  FOOTCARE NURSE IN  9:30 Knitting Group-3rd fl  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1-3 Pool Open  2:00 Bingo-1st fl  2:30 Movie “The Wizard Of Oz” Theatre Room  3:00 Ice Cream Cart-1st  3:30 Professor Cammy-3rd fl | 19  9:00 Manicures/ Yazmin 1st  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  1-3 Pool Open  2:00 Bingo-1st fl  2:30 AQUAFIT  3:15 Lemonade Cart  3:00 Suites Residents C. Meeting  3:30 Shuffleboard-1st fl  1-4 Multigen Dental Clinic | 20  *6:00 Euchre with Liz*  *9:15 Shopping at Value Village*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 Activities with Sue- Patio 1-3 Pool Open  2:30 Art Group 3rd floor  3:00 George on Piano-1st fl  Seniors Month Bingo Bonanza  6:00 Open House Pie Bingo  with  Prizes $1 a card  *6:00 Euchre with Liz* | 21  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  *10:15 Catholic Rosary-chapel*  *10:45 Roman Catholic Mass*  11:15 Wellness Class-3rd  1-3 Pool Open  *1:30 Sightseeing Bus*  2:00 Dickinsian-Ch 69  2:00 Bingo-1st  3:00 Bridge -2nd floor | 22  9:00 Walking Club –meet on patio  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:30 Jeopardy-3rd fl  1-3 Pool Open  2:00 Romance Movie- Ch 69  2:00 Entertainment with Musical Memories  3:30 Lets Play Pool-1st fl | *23*  10:15 Bingo-1st floor  11:00 Tai Chi-3rd fl  1-3 Pool Open  2:00 Movie “ Quartet ” Theatre Room  *3:15 Bianca and Izzy on Piano-3rd floor*  G |
| 24  10:00 Cable Girls-Ch 69  10:15 Giant Crossword Puzzle-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  1-3 Pool Open  2:00 Documentary-Ch 69  2:00 Movie “South Pacific” Theatre Room  2:00 Ecu Service Rev Gratton  6:30 Scott and Bailey | 25  9:30 Knitting Group-3rd fl  **10:00 Davidson Hearing Clinic**  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  1-3 Pool Open  *1:00 Bus to Nowhere*  2:00 Bingo-1st fl  2:30 Movie “Love’s Kitchen” Theatre Room  3:00 Ice Cream Cart-1st | 26  10:00 Balance Class  10:30 Brain Games  11:15 Wellness Class  11:15 Catholic Rosary  1-3 Pool Open  2:30 Strawberry Social Open House with Spencer Scharf  2:30 AQUAFIT  3:30 Shuffleboard-1st fl | 27 7-8 a.m. & 11- 12 Pounds Pulse /Pressure- Chapel  *6:00 Euchre with Liz*  *9:15 Shopping Carlingwood Mall Lunch Out*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:30 Activities with Sue- Patio 1-3 Pool Open  2:30 Art Group 3rd floor  3:00 Heart and Stroke Guest Speaker- Theatre Room  *6:00 Euchre with Liz* | 28  9:15 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:00 Ecu Service with Rev Philip Kim  11:15 Wellness Class-3rd  1-3 Pool Open  2:00 Bingo-1st  3:00 Bridge -2nd floor  3:30 Jeopardy Quiz-3rd fl  3:30 Root Beer Floats | 29  9:00 Walking Club-meet at patio  *9:15 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  1-3 Pool Open  2:00 Romance Movie- Ch 69  2:00 Entertainment with Sylvester and Birthday Bash  3:30 Lets Play Pool-1st fl | 30  10:15 Bingo-1st floor  11:00 Tai Chi-3rd fl  1-3 Pool Open  2:00 Classic Movie Ch 69  2:00 Movie ”Hush Hush Sweet Charlotte ” Theatre Room    F |