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| **Sunday** | October 2018 **Orchard Walk****Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Sept 278h** **Saturday** |
|  **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\Thanksgiving-Charlie-Brown-Snoopy[1].jpg** | **1****9:00 Manotick Shopping** **10:30 Chair Exercises 3rd f****11:00 Chair Exercises 3rd fl 10:30 Catholic Rosary-chapel****2:00 Bingo 1st fl****2:30 Movie “Galapaos ” Theatre Room****3:00-&3:30 Ice Cream****3:00 Tea at Three-2nd Floor** **3:30 Professor Cammy-1st fl** | **2****9:30 Mary Cook Stories with Fran****10:00 Balance Class- 3rd** **10:15 Board games with Anna Marie-1st fl** **10:30 Brain Games-1st fl floor****11:15 Wellness Class-3rd** **1:30 Canasta with Peggy- 2nd fl** **2:00 Bingo-1st fl****3:00 Tea at Three-2nd Floor** **3:30 Shuffleboard-1st fl****4:00 Hymn Sing with Rev Hartman** | **3****9:00 Billings Bridge****9:30 Chair Exercises 3rd fl** **10:00 Chair Exercises 3rd f****10:30 3rd Floor Activities****2:00 Art Group 3rd floor****2:00 Ottawa Therapy Dog Rufus Visits-3rd floor****3:00 Tea at Three-2nd Floor** **PUB Nite &** **6:30 Living Wish for Bert with a campfire on the Patio and singalong with Shannon****Hungarian Snacks**  | **4****9:15 Reminiscence -Bdrm****10:00 Balance Class-3rd** **10:45 Roman Catholic Mass** **11:15 Wellness Class-3rd****11:00 Kars Luncheon****2:00 Bingo-1st** **3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl****3:15 Meet Jay Tysick Councillor Osgoode Ward-3rd floor** | **5****9:00 Walking Club meet on patio****9:30 Chair Exercises 3rd fl****10:00 Chair Exercises 3rd fl****10:30 Giant Crossword-3rd fl****2:00 Romance Movie- Ch 69****2:00 Social Hour and Entertainment with Noel Dimar****3:00 Tea at Three-2nd Floor**  | **6****9:15 North Gowers Farmers Market** **10:15 Bingo****11:00 Tai Chi-3rd fl** **2-3:30 Harvest Moon Dance with Velvet Touch -3rd fl****3:00 Tea at Three-2nd Floor** **Kr** |
| **7 Thanksgiving Sunday****10:15 Giant Crossword Puzzle-1st fl** **11:00 Catholic Rosary Prayer****11:15 Catholic Communion****2:00 Movie”Les Choristes” Theatre Room** **2:00 Ecumenical Service with Bob Caines****3:00 Tea at Three-2nd Floor** **K** | **8 Footcare Nurse In****Thanksgiving Monday****9:15 You Be The Judge-3rd floor****10:30 Catholic Rosary-chapel****2:30 Movie “ War of The Worlds ” Theatre Room****3:00-&3:30 Ice Cream****3:00 Tea at Three-2nd Floor** **3:15 Bingo-** | **9*****9:00 Manicures/ Yazmin*** **10:00 Balance Class- 3rd****10:15 Board games with Anna Marie-1st fl** **10:30 Brain Games-3rd fl** **11:15 Wellness Class-3rd** **1:30 Canasta with Peggy- 2nd fl****1:30 Chair Yoga with Georgia-3rd fl** **2:30 Residents Council Meeting- 3rd floor****3:00 Tea at Three-2nd Floor** **3:30 Shuffleboard-1st fl** | **10****9:00 Shopping at Barrhaven** **9:30 Chair Exercises 3rd fl** **10:00 Chair Exercises 3rd f****10:30 3rd Floor Activities****2:00 Art Group 3rd floor****2:00 The A’Chord Group entertains-PATIO? 20 folks****3:00 Tea at Three-2nd Floor** **3:30 Ottawa Therapy Dog Rufus Visits-3rd floor** | **11****9:00 Manotick Shopping** **9:15 Reminiscence -Bdrm****10:00 Balance Class-3rd** **11:15 Wellness Class-3rd****10:30 Lets Bake Cookies-1st fl****1:00 -3 p.m. Shoe Sales Vendor-1st fl** **2:00 Bingo-1st****3:00 Tea at Three-2nd Floor** **3:00 Bridge 2nd fl****3:00 Latin Chair Dancing-1st**  | **12****9:00 Walking Club meet on patio****9:30 Chair Exercises 3rd fl****10:00 Chair Exercises 3rd fl****10:30 Giant Crossword-3rd fl****2:00 Romance Movie- Ch 69****2:00 Social Hour and Entertainment with Margie and Bruce** **3:00 Tea at Three-2nd Floor**  | **13****11:00 Tai Chi-3rd fl** **2:00 Movie-“ Elizabeth the Golden Age”- Theatre Room****2:15 Bingo-1st floor** **3:00 Tea at Three-2nd Floor** **3:30 Stick to the Rhythm with Rozsa** **G** |
| **14****10:15 Family Feud-1st fl** **11:00 Catholic Rosary Prayer****11:15 Catholic Communion****2:00 Movie-“James Franco 127 Hours” Theatre Room** **2:00 Ecumenical Service with Rev Gratton****3:00 Tea at Three-2nd Floor** **G** | **15****9:30 Knitting Group-3rd fl****10:30 Chair Exercises 3rd f****11:00 Chair Exercises 3rd fl****2:00 Bingo-1st fl** **2:30 Movie-“Wildlife Specials” Theatre Room****3:00 Ice Cream Cart-1st**  **3:00 Tea at Three-2nd Floor** **3:15 Trivia Time with Pat -3rd fl** | **16****10:00 Balance Class****10:15 Board games with Anna Marie-1st fl** **11:15 Wellness Class****11:15 Catholic Rosary****1:30 Canasta with Peggy- 2nd fl****2:00 Bingo-1st fl****3:00 Tea at Three-2nd Floor** **3:30 Shuffleboard-1st fl** | **17***6:00 Euchre with Liz****9:00 Shopping at Kemptville*****9:30 Chair Exercises 3rd fl****10:00 Chair Exercises 3rd f****10:30 3rd Floor Activities****2:00 Ottawa Therapy Dog Rufus Visits-3rd floor****2:00 Art Group 3rd fl****3:00 Tea at Three-2nd Floor** **3:00 George on Piano-3rd floor** | **18****9:15 Reminiscence -Bdrm****10:00 Balance Class-3rd** **10:00 Downton Abby- CH 69****10:45 Catholic Mass with Father Titus** **11:15 Wellness Class-3rd*****1:00 Gatineau Leaves Trip*****2:00 Bingo-1st****3:00 Bridge 2nd fl****3:00 Tea at Three-2nd Floor**  | **19*****9:00 Manotick Shopping*****9:30 Chair Exercises 3rd fl****10:00 Chair Exercises 3rd fl** **2:00 Romance Movie- Ch 69****2:00 Entertainment with Al Mazur****3:00 Tea at Three-2nd Floor**  | ***20*****10:15 Bingo-3rd floor****11:00 Tai Chi-3rd fl** **2:00 Classic Movie Ch 69****2:00 Movie-”Thelma & Louise”- Theatre Room****2:00 Concordia German Choir-3rd floor****3:00 Tea at Three-2nd Floor** **3:15 Bugs the Bunny visits-3rd fl****F** |
| **21****10:15 Jeopardy -1st fl** **11:00 Catholic Rosary Prayer****11:15 Catholic Communion****2:00 Movie- Working Girl”- Theatre Room** **2:00 Ecu Service Rev Gratton** **3:00 Tea at Three-2nd Floor** **3:15 Marimba Players 3rd floor****F** | **22 Footcare Nurse In****9:30 Knitting Group-3rd fl****10:30 Chair Exercises 3rd f****11:00 Chair Exercises 3rd fl****New 2:00 Monthly Euchre with R.O.S.S.S. -3rd floor****2:00 Bingo-1st fl** **2:30 Movie-“ Nature’s Most Amazing Events Disc 1 ” Theatre Room****3:00 Ice Cream Cart-1st** **3:00 Tea at Three-2nd Floor**  **3:30-9 pm Municipal Elections!**  | **23** **9:00 Manicures/ Yazmin** **10:00 Balance Class****10:15 Board games with Anna Marie-1st fl** **10:30 Brain Games****11:15 Wellness Class****11:15 Catholic Rosary****1:30 Canasta with Peggy- 2nd fl****1:30 Chair Yoga with Georgia-3rd fl 2:00 Bingo-1st fl****3:00 Tea at Three-2nd Floor** **2:00 Wine Tasting by Vineyards –Garden View** **3:30 Shuffleboard-1st fl** | **24***6:00 Euchre with Liz****9:00 Shopping at Giant Tiger*****9:30 Chair Exercises 3rd fl****10:00 Chair Exercises 3rd f****10:30 3rd Floor Activitie****2:00 Ottawa Therapy Dog Rufus Visits-3rd floor****2:00 Art Group 3rd floor****3:00 Tea at Three-2nd Floor** **3:00 Residents Council Meeting Garden View** | **25****9:15 Reminiscence -Bdrm****10:00 Balance Class-3rd** **10:00 Ecumenical Service with Rev. Grant mc Neil-Chapel****11:15 Wellness Class-3rd*****1:30 Rideau Carleton Slots*****2:00 Bingo-1st****3:00 Tea at Three-2nd Floor** **3:00 Bridge 2nd fl****3:00 Latin Chair Dancing-1st**  | **26*****9:00 Manotick Shopping*****9:30 Chair Exercises 3rd fl****10:00 Chair Exercises 3rd fl** **10:30 Pumpkin Decorating****-1st fl****2:00 Entertainment with The Chords and Birthday party****3:00 Tea at Three-2nd Floor**  | ***27*****11:00 Tai Chi-3rd fl** **2:00 Movie-“Ryan’s Daughter”- Theatre Room****2:15 Bingo-3rd floor****3:00 Tea at Three-2nd Floor** **3:30 Stick to the Rhythm with Rozsa** **A** |
| **28** **10:15 Giant Crossword Puzzle-1st fl** **11:00 Catholic Rosary Prayer****11:15 Catholic Communion****2:00 Movie—“A Fish Called Wanda”- Theatre Room** **2:00 Ecu Service Rev Gratton** **3:00 Tea at Three-2nd Floor**  | **29****9:30 Knitting Group-3rd f****9:30 Indoor Garage Sale****-1st fl Senior Christmas****10:30 Chair Exercises 3rd fl****11:00 Chair Exercises 3rd fl****2:00 Bingo-1st fl** **2:30 Movie-“ Nature’s Most Amazing Events Disc 2” Theatre** **3:00 Ice Cream Cart-1st** **3:00 Tea at Three-2nd Floor** **4:00 Octoberfest Party with International Set****“Wurst Party Ever”** | **30****10:00 Balance Class****10:15 Board games with Anna Marie-1st fl** **10:30 Brain Games****11:15 Wellness Class****11:15 Catholic Rosary****1:30 Canasta with Peggy- 2nd fl****2:00 Bingo-1st fl****3:00 Tea at Three-2nd Floor** **3:30 Shuffleboard-1st f** | **31***6:00 Euchre with Liz***7-8 a.m. & 11- 12 Pounds Pulse /Pressure-** ***9:00 Shopping Carlingwood Mall Lunch Out*****9:30 Chair Exercises 3rd f****10:00 Chair Exercises 3rd f****10:30 3rd Floor Activities****2:00 Art Group 3rd floor****3:00 Tea at Three-2nd Floor** **3:00 Halloween Party with Freddie Pitz** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\turkey2[1].gif** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\cartoon-turkey[1].jpg** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\fall_22[1].jpgC:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\happy-fall19[1].gif** |
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