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| **Sunday** | **Monday** | June 2019 Orchard Walk**Tuesday** | **Wednesday** | **Thursday** | **Friday** | **May 19** **2019****Saturday** |
| Image result for happy 20th anniversary banner | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\good_sun1[1].jpg | Pool Opens June 1st 1-3  | Seniors Month  | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\bigstock-Senior-Couple--Video-Gaming-5429006[1].jpg** | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\its_summer-1164[1].gif | 110:10 Coffee Club-1st d fl11:00 Tai Chi-3rd fl 2:00 Movie “ Bail Out “”Theatre Room 2:15 Bingo 3:00 Tea at Three-2nd Floor Gr |
| 210:10 Coffee Club –1st fl10:30 Family Feud-2nd fl11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie The Last of the Belles” Theatre Room 2:00 Ecumenical Service with Bob Caines and Organist Deb3:00 Tea at Three-2nd Floor Gr | 3 **Footcare Nurse In*****9:00 Lunch & Ottawa River 1.5 hour Boat Cruise -Cost $20 + lunch***10:10 Coffee Club1st d fl10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel1:00- 1:30Pool Exercise2:00 Bingo2:30 Movie “ Human Planet Series Oceans” Theatre Room3:00- Ice Cream3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 4*9:00 Manicures/ Yazmin* **9:30 Mary Cook Stories**/ Fran-chapel10:00 Balance Class- 3rd10:10 Coffee Club -1st fl10:30 Brain Games-3rd fl 11:15 Wellness Class-3rd 1:30 Canasta with Peggy- 2nd fl3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st fl3:00 St John Ambulance Dog “Tesla”-1st floor4:00 Rev Hartman ‘s Hymn Sing | 5*9:00 Shopping at Billings Bridge*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**1-3 Walker Clinic-1st floor-** **Handi -House**2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 69:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl10:15 Bingo-1st floor 11:15 Wellness Class-3r2:00 BINGO-1st fl3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open **3:30 National Ballet -3rd fl** | 79:00 Manotick Shopping 9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club—1st fl2:00 Social Hour and Entertainment with The Elaine Dandridge Trio3:00 Tea at Three-2nd Floor 3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | 810:10 Coffee Club—1st fl10:15 Bingo 1st fl11:00 Tai Chi-3rd fl 2:00 Movie “ Lovers and Liars”” Theatre Room 3:00 Tea at Three-2nd Floor 3:15 Entertainment with the Bytowne Ukelele Ladies-3rd flAmie  |
| 910:10 Coffee Club -1st floor10:30 Giant Crossword-2nd fl11:00 Catholic Rosary Prayer11:15 Catholic Communion 2:00 Movie “ Mezmerized” Theatre Room 2:00 Ecumenical Service with Rev Gratton and Organist Deb3:00 Tea at Three-2nd FloorOpen Amie | 109:15 Jeopardy-1st fl10:10 Coffee Club -1st floor10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl10:30 Catholic Rosary-chapel1:00- 1:30Pool Exercise*1:15 Papa Jacks Popcorn Outing* 2:00 Bingo2:30 Movie “ Human Planet Series Deserts ” Theatre Room3:00 Ice Cream 3:00 Tea at Three-2nd Floo3:30-4:30 Tony’s Café Bar Open  | 119:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-3rd fl 11:15 Wellness Class 1:30 Canasta with Peggy- 2nd fl **2:30 Residents Council Meeting- 3rd floor**3:00 St John Ambulance Dog “Tesla”-1st floor3:00 Tea at Three-2nd Floor 3:30 Shuffleboard-1st f | 12*9:00 Shopping at Kemptville*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities2:00 Art Group 1st fl2:00 Ottawa Therapy Dog Rufus Visits-3rd floor**2:30 Leslie on Piano-3rd fl**3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 139:00 Reminiscence -Bdrm10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:00 Ecumenical Service with Rev Elaine Beattie- Chapel *11:15 Kars Summer Luncheon$15* 11:15 Wellness Class-3rd2:00 Bingo-1st3:00 Bridge 2nd fl3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 14*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Giant Crossword-2nd fl2:00 Celebrating our Seniors with Entertainment with Simon Clarke and Strawberry Social in the main Dining Room 3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *15*10:10 Coffee Club-1st fl11:00 Tai Chi-3rd fl 2:00 Movie “Cuba Crossing” Theatre Room2:15 Bingo-1st fl 3:00 Tea at Three-2nd Floor Alex  |
| 16 **Father’s Day**10:10 Coffee Club -1st floor10:30 Giant Crossword-2nd fl11:00 Catholic Rosary Prayer11:15 Catholic Communion**12:15 Entertainment with Roger Fowler on Accordion Music in Dining Room**2:00 Ecumenical Service with Rev Gratton and Organist Deb2:00 Movie “Concrete Cowboys” Theatre Room 3:00 Tea at Three-2nd Floor Alex | 17**Footcare Nurse In*****9:00 New Foodland and Dollarama in Greely Outing*****10-3 DAVIDSON HEARING CLINIC** 10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd f11:00 Chair Exercises 3rd fl 1:00- 1:30Pool Exercise2:00 BINGO-1st fl2:30 Movie Human Planet Series Arctic ” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open  | 18*9:00 Manicures/ Yazmin* 9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games-3rd fl 11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl2:00 Bingo-1st fl**3:00 Residents Council Meeting Garden View**3:00 St John Ambulance Dog “Tesla”-1st d floor3:00 Tea at Three-2nd Floor 3:30-4:30 Tony’s Café Bar Open 3:30 Shuffleboard-1st fl | 19*6:00 Euchre with Liz**9:00 Shopping at Barrhaven*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities2:00 Ottawa Therapy Dog Rufus Visits-3rd floor2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open 3:00 Entertainment with George on Piano-3rd floor5:30 GV Birthday party with George  | 209:00 Reminiscence -Bdrml10:00 Balance Class-3rd 10:10 Coffee Club-1st fl10:45 Catholic Mass with Father Titus 11:15 Wellness Class-3rd*1:30 Rideau Carleton Slots*2:00 Bingo-1s2:00 Chinese Cultural Presentation- Theatre Room 3:00 Tea at Three-2nd Floor **3:30 Ice Cream Soda Floats**3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open  | 21*9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Shannon ‘s Singalong -3rd fl2:00 Entertainment with the Mellow tones and Social Hour **/**3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | *22*10:10 Coffee Club-1st fl10:30 Bugs the Bunny Visits-1st fl11:00 Tai Chi-3rd fl 2:30 Movie “Crossbar” Theatre Room2:00 Bingo-3rd floor3:00 Tea at Three-2nd Floor Barb |
| **23**10:10 Coffee Club -1st floor10:30 Giant Crossword Puzzle-2nd 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie “ The Deadly Thief” Theatre Room 2:00 Ecu Service Rev Gratton and Organist Deb3:00 Tea at Three-2nd Floor**Barb** | **24**9:15 Jeopardy-1st fl10:10 Coffee Club -1st floor10:30 Catholic Rosary-chapel10:30 Chair Exercises 3rd fl11-2 Gutknecht Jams 11:00 Chair Exercises 3rd fl*11:15 Picnic at Rockliffe Park* 1:00- 1:30Pool Exercise**2:00 Northern Reflections Fashion Show and sales**2:30 Movie Human Planet Series Jungles” Theatre Room3:00 Ice Cream Cart-1st 3:00 Tea at Three-2nd Floor3:30-4:30 Tony’s Café Bar Open  | **25**7-8 a.m. & 11- 12 Pounds Pulse /Pressure-Chapel9:30 Walking Club- meet at Patio 10:00 Balance Class10:10 Coffee Club -1st floor10:30 Brain Games11:15 Wellness Class1:30 Canasta with Peggy- 2nd fl 2:00 Bingo-1st fl3:00 Tea at Three-2nd Floor 3:00 St John Ambulance Dog “Tesla”-1st floor**3:15 Current Events with Prof Cammy-3rd floor** 3:30 Shuffleboard-1st f3:30-4:30 Tony’s Café Bar Open  | **26***9:00 Shopping at Carlingwood Mall*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 3rd Floor Activities**1:30 Ottawa Therapy Dog****2:00 Handwashing demo- city of Ottawa -3rd floor**2:00 Art Group 1st floor3:00 Tea at Three-2nd Floor **Celebrating Seniors****4:00 Entertainment with Guy Lalonde & BBQ Dinner**3:30-4:30 Tony’s Café Bar Open **2:45 Staff IN service Handwashing** | **27**9:00 Reminiscence -Bdrml9:15 Anna’s Travelling Gift’s 10:00 Balance Class-3rd 10:10 Coffee Club-1st fl11:15 Wellness Class-3rd*1:15 Sightseeing Bus* 2:00 Bingo-1s2:00 Classical Music Presentation on Felix Mendelssohn by Katherine –Garden View 3:00 Tea at Three-2nd Floor 3:00 Bridge 2nd fl3:30-4:30 Tony’s Café Bar Open | **28***9:00 Manotick Shopping*9:00 Chair Exercises9:30 Chair Exercises 3rd f10:10 Coffee Club-1st fl10:30 Jeopardy-3rd fl2:00 Entertainment with Vicky Spurrell and Social Hour 3:00 Tea at Three-2nd Floor3:15 Euchre- Library3:30-4:30 Tony’s Café Bar Open  | 2910:10 Coffee Club-1st fl**10:15 Ron’s Bingo-3rd floor**11:00 Tai Chi-3rd fl 2:30 Movie “Laser Mission” Theatre Room3:00 Tea at Three-2nd Floor Ron  |
| 3010:10 Coffee Club -1st floort 11:00 Catholic Rosary Prayer11:15 Catholic Communion2:00 Movie “Arch of Triumph” Theatre Room 2:00 Ecu Service Rev Gratton and Organist Deb3:00 Tea at Three-2nd FloorRon  | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\5-Free-Summer-Clipart-Illustration-Of-A-Happy-Smiling-Sun[1].jpg | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\i_love_summer_png_by_nyappygirl99-d3r9p6l[1].png | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\summer-garden-flowers[1].jpg | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\804IBLXG\closedforsummer_color[1].gif** | **C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\its_summer-1164[1].gif** |  |