|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | May 2019 Orchard Walk  **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **April 30th 2019**  **Saturday** |
| Image result for happy 20th anniversary banner | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WC9VKLFT\Petunia-3[1].png | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\CW5AVFNY\Umbrella-Revolution-Symbol-2-2014100213[1].png | 1  *9:00 Shopping at Billings Bridge Mall & Model fitting*  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club—2nd fl  10:30 3rd Floor Activities  12-1:30 Noel on Piano Garden View  2:00 Art Group 1st floor  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **2:& 3:15 CPR Staff Training** | 2  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club—2nd fl  10:45 Catholic Mass with Father Titus  11:15 Wellness Class-3rd  2:00 Entre Nous Teacher’s Choir sings-3rd fl  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open  **3:30 National Ballet -3rd fl** | 3  9:00 Manotick Shopping  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club 2nd d fl  2:00 Social Hour and Entertainment Margie and Bruce  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | 4  10:10 Coffee Club2nd fl  **10:15 Ron’s Bingo-1st fl**  11:00 Tai Chi-3rd fl  2:00 Movie-“The Keys of the Kingdom”- Theatre Room  3:00 Tea at Three-2nd Floor  Ron |
| 5  10:10 Coffee Club-2nd f  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  *1:15 IRT Theatre presents “Tempting Providence cost $16*  2:00 Movie Where the Red Fern Grows” Theatre Room  2:00 Ecumenical Service with Bob Caines and Organist Deb  3:00 Tea at Three-2nd Floor  Ron | 6**Footcare Nurse In**  9:15 Jeopardy-1st fl  10:10 Coffee Club-2nd f  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  *11:15 St Albert’s Cheese Factory* 2:00 Bingo with Sue- 3rd floor  2:30 Movie “ Until September ” Theatre Room  3:00- Ice Cream  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | 7  *9:00 Manicures/ Yazmin*  9:30 Mary Cook Stories with Fran-chapel  10:00 Balance Class- 3rd  10:10 Coffee Club -2nd fl  10:30 Brain Games-3rd fl  11:15 Wellness Class-3rd  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  **3:00 Tea at Three-2nd Floor**  **Resident Nurses “Tea” at 3 –Rosalia**  NEW 3:00 St John Ambulance Dog “Tesla”-1st floor  3:30 Shuffleboard-1st fl  3:30-4:30 Tony’s Café Bar Open  4:00 Rev Hartman ‘s Hymn Sing | 8  *9:00 Shopping at Giant Tiger*  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club—2nd fl  10:30 3rd Floor Activities  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 1st floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **6:30 Pub Nite- games shuffleboard/ pool -1st floor**  Nurses week | 9  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club 2nd fl  11:15 Wellness Class-3r  2:00 Bingo-1st floor  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  3:30-4:30 Tony’s Café Bar Open  **3:30 National Ballet -3rd fl** | 10  9:00 Manotick Shopping  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club-2nd fl  2:00 Social Hour and Entertainment with “North Country”  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | 11  **Walk for Memories Dementia Society**  10:10 Coffee Club—2nd t fl  11:00 Tai Chi-3rd fl  2:00 Movie-“Maltese Falcon” Theatre Room  2:15 Bingo-1st floor  3:00 Tea at Three-2nd Floor  Mee |
| **Mother’s Day**  10:10 Coffee Club -2nd floor  10:30 Giant Crossword-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Movie”The Queen” Theatre Room  2:00 Ecumenical Service with Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor  3:15 Mary Cook Presents “Mothers” Mee | 13  9:15 Jeopardy-1st fl  10:10 Coffee Club -2nd floor  10:30 Chair Exercises 3rd f  11:00 Chair Exercises 3rd fl  10:30 Catholic Rosary-chapel  **2:00 Northern Reflections Fashion Show-3rd floor**  3:00 Ice Cream  3:00 Tea at Three-2nd Floo  3:30-4:30 Tony’s Café Bar Open | 14  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club -2nd floor  **10:30 MILK Bag Rug Making Demonstration-1st floor**  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  **2:30 Residents Council Meeting- 3rd floor**  3:00 St John Ambulance Dog “Tesla”-1st floor  3:00 Tea at Three-2nd Floor  3:30 Shuffleboard-1st f  3:30-4:30 Tony’s Café Bar Open | 15  *9:00 Shopping at Kemptville*  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club-2nd fl  10:30 3rd Floor Activities  2:00 Art Group 1st d fl  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  3:00 Tea at Three-2nd Floor  3:00 Entertainment with George on Piano-3rd floor  3:30-4:30 Tony’s Café Bar Open  5:30 GV Birthday party with George | 16  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-2nd fl  10:45 Catholic Mass with Father Titus  **11-2 Gutknecht Jam Vendor-2nd floor**  11:15 Wellness Class-3rd  *1:15 Tulip Festival Outing*  2:00 Bingo-1st  3:00 Bridge 2nd fl  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  **3:30 National Ballet -3rd fl** | 17  *9:00 Manotick Shopping*  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club 2nd t fl  10:30 Shannon ‘s Singalong -3rd fl  2:00 Entertainment with and Social Hour / Barrhaven Fiddleheads  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | *18*  10:10 Coffee Club-2nd fl  10:15 Bingo-1st fl  11:00 Tai Chi-3rd fl  2:00 Movie “ Moonraker ” Theatre Room  2:00 Peter Stuyt on Harp-3rd fl  3:00 Tea at Three-2nd Floor    Krissy |
| 19  **NEW 9:30 Chair Yoga for Seniors-3rd floor**  10:10 Coffee Club -2nd floor  10:30 Giant Crossword-1st fl  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  2:00 Ecumenical Service with Rev Gratton and Organist Deb  2:00 Movie-“Bobby”- Theatre Room  3:00 Tea at Three-2nd Floor  3:30 Dave Baldwin on Guitar-1 fl  Krissy | 20 **Victoria Day**  **Footcare Nurse In**  10:10 Coffee Club -2nd floor  10:30 Catholic Rosary-chapel  2:30 Movie-”Victoria ”- Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor | 21  *9:00 Manicures/ Yazmin*  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club 2nd t floor  10:30 Brain Games-3rd fl  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  1:30 Chair Yoga with Georgia-3rd  2:00 Bingo-1st fl  **3:00 Residents Council Meeting Garden View**  3:00 St John Ambulance Dog “Tesla”-1st floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  3:30 Shuffleboard-1st fl | 22  *6:00 Euchre with Liz*  *9:00 Shopping at Barrhaven*  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club-2nd fl  10:30 3rd Floor Activities  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  2:00 Art Group 1st floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open  3:15 Da Wen Photography Show  visit the Danube  6:30 Entertainment with “Greenbelt Grass” -3rd fl | 23  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-2nd fl  11:15 Wellness Class-3rd  1:15 Sightseeing Bus  **STAFF APPRECIATION DAY**  **BBQ Lunch and prizes**  **Time..**  **2:30** Bingo-1s  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  **3:30 National Ballet Class-3rd floor**  3:30-4:30 Tony’s Café Bar Open | 24  *9:00 Manotick Shopping*  9:00 Chair Exercises 3rd fl  9:30 Chair Exercises 3rd f  10:10 Coffee Club-2nd fl  10:30 Jeopardy-3rd fl  2:00 Entertainment with and Social Hour **/** Al Mazur  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | *25*  10:10 Coffee Club-2nd fl  **10:30 Tropical Fruit**  **Tasting Session- 3rd floor**  11:00 Tai Chi-3rd fl  2:00 Movie-“ The Tall Man” Theatre Room  2:15 Bingo-3rd floor  3:00 Tea at Three-2nd Floor  Fem |
| **26**  10:10 Coffee Club -2nd floor  10:30 Giant Crossword Puzzle-1st  11:00 Catholic Rosary Prayer  11:15 Catholic Communion  **1:30-3 pm**  **Harley Davidson Show & Shine**  2:00 Documentary-Ch 69  2:00 Movie –“ Westside Story”-Theatre Room  2:00 Ecu Service Rev Gratton and Organist Deb  3:00 Tea at Three-2nd Floor    **Fem** | **27**  9:15 Jeopardy-1st fl  10:10 Coffee Club -2nd floor  10:30 Catholic Rosary-chapel  10:30 Chair Exercises 3rd fl  11:00 Chair Exercises 3rd fl  **11:00 Home Sweet Home Vendor- 1st fl**  2:00 Bingo-1st floor  2:30 Movie- “Meet Me in St. Louis ” Theatre Room  3:00 Ice Cream Cart-1st  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | **28**  7-8 a.m. & 11- 12 Pounds/P /PChapel  9:30 Walking Club- meet at Patio  10:00 Balance Class  10:10 Coffee Club -2nd floor  10:30 Brain Games  11:15 Wellness Class  1:30 Canasta with Peggy- 2nd fl  2:00 Bingo-1st fl  3:00 St John Ambulance Dog “Tesla”-1st floor  3:00 Tea at Three-2nd Floor  **3:15 Current Events with Prof Cammy-3rd floor**  3:30 Shuffleboard-1st f  3:30-4:30 Tony’s Café Bar Open  **6:30 Living Wish for Linda B-**  **RCMP Pipes and Drum Band** | **29**  *9:00 Shopping at Carlingwood Mall*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd f  10:10 Coffee Club-2nd fl  10:30 3rd Floor Activities  2:00 Ottawa Therapy Dog Rufus Visits-3rd floor  **2:30 Fire Pit Afternoon- Patio**  2:00 Art Group 1st floor  3:00 Tea at Three-2nd Floor  3:30-4:30 Tony’s Café Bar Open | **30**  9:00 Reminiscence -Bdrm  10:00 Balance Class-3rd  10:10 Coffee Club-2nd fl  11:15 Wellness Class-3rd  11-2 Blood Type Clinic- 2nd fl  Marketing  *1:15 Papa Jack’s Popcorn*  *Factory tour*  2:00 Bingo-1s  3:00 Tea at Three-2nd Floor  3:00 Bridge 2nd fl  **3:30 National Ballet Class-3rd floor**  3:30-4:30 Tony’s Café Bar Open | **31***9:00 Manotick Shopping*  9:30 Chair Exercises 3rd fl  10:00 Chair Exercises 3rd fl  10:10 Coffee Club-2nd fl  10:30 Jeopardy-3rd fl  2:00 Entertainment with and Social Hour / Bob Schwartz/Birthday Bash  3:00 Tea at Three-2nd Floor  3:15 Euchre- Library  3:30-4:30 Tony’s Café Bar Open | C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\TVEZM16C\girl-with-umbrella[1].jpg |
|  |  |  |  |  |  |  |