

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2023

Orchard Walk Retirement Residence

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| | | | | | | | <p>9:15 Online Exercise (M) 10:30 Canada Day Glam Station (CL) 2:00 Ice Cream Social (TC) 3:00 Canada Day Trivia (TC) 6:00 Live Music with Jumpin' Jimmy (P)</p> <p style="text-align: right;"><small>Canada Day</small></p> |
| <p>9:15 Online Exercise (M) 10:30 Bingo (CL) 2:00 United Church Service with Reverend Edward Gratton (C) 3:00 Cards with Friends</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Bingo (M) 1:00 Friendly Visits 2:00 Craft: Beading (CL) 3:00 Knitting Club (CL) 3:00 Pet Visits with Daisy</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Nail Painting (CL) 1:00 Friendly Visits 2:00 Live Lecture with Professor Cammy (PL) 3:00 Card Game: Uno (CL)</p> <p style="text-align: center;"><small>Independence Day (US)</small></p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Bingo (M) 1:30 Chair Yoga with Georgia (M) 2:00 Hymn Sing with Dennis Doermer (PL) 3:15 Boggle (CL)</p> | <p>9:00 Kemptville Hearing Clinic (C) 9:15 Chair Exercise with Maureen (M) 10:00 TLC Clinic (L) 10:30 Trivia (M) 2:00 Sing Along with Margie, Bruce & Friends (M)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Brain Game: who Am I? (M) 1:00 Cards with Friends (PL) 2:00 Happy Hour (TC) 3:00 Brain Game: Riddle Me This (TC)</p> | <p>9:15 Online Exercise (M) 10:30 Word Searches (CL) 1:00 Cards with Friends (CL) 2:00 Bingo (CL) 3:00 Card Game: Euchre (CL)</p> | |
| <p>9:15 Online Exercise (M) 10:30 Boggle (CL) 1:00 Cards with Friends (CL) 2:00 Bingo (CL) 3:00 Card Game: Bridge (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Brain Game: Riddle Me This (M) 2:00 Craft: Painting (CL) 3:00 Knitting Club (CL) 3:00 Pet Visits with Daisy</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Guess That Word (M) 1:00 Lemonade Corner (CL) 2:00 Bingo (M) 3:00 Card Game: Uno (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:00 Food for Thought (PL) 10:30 Boggle (CL) 1:30 Chair Yoga with Georgia (M) 2:00 Live Music with Bob Schwartz (PL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Catholic Mass (C) 1:00 Friendly Visits 2:00 Happy Hour (PL) 3:15 Brain Game: Over or Under? (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Brain Game: Fish or Fantasy (M) 1:00 Friendly Visits 2:00 Bingo (M) 3:00 Outdoor Walks</p> | <p>9:15 Online Exercise (M) 10:30 Brain Puzzles (CL) 1:00 Cards with Friends (CL) 2:00 Bingo (CL) 3:00 Card Game: Euchre (CL)</p> | |
| <p>9:15 Online Exercise (M) 10:30 Bingo (CL) 1:00 Cards with Friends (CL) 2:00 United Church Service with Reverend Edward Gratton (C) 3:00 Card Game: Bridge (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Bingo (M) 2:00 Live Music with the Duo Pleiades (PL) 3:00 Knitting Club (CL) 3:00 Pet Visits with Daisy</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Brain Game: True or False (CL) 1:30 Nail Painting (CL) 3:00 Card Game: Uno (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Bingo (CL) 1:30 Chair Yoga with Georgia (M) 2:00 Resident Meeting (DR) 3:00 Cards with friends and lemonade (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Guess That Word (CL) 1:00 Friendly Visits 2:00 Craft: Straw Star Door Décor (CL) 3:00 Brain Game: Riddle me This (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 You Be the Judge (CL) 1:00 Boggle (CL) 2:00 Happy Hour (PL) 3:00 Cards with Friends (CL)</p> | <p>9:15 Online Exercise (M) 10:30 Word Search (CL) 1:00 Cards with Friends (CL) 2:00 Bingo (CL) 3:00 Card Game: Euchre (CL)</p> | |
| <p>9:15 Online Exercise (M) 10:30 Boggle (CL) 1:00 Cards with Friends (CL) 2:00 Bingo (CL) 3:00 Card Game: Bridge (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Word Search (CL) 1:00 Craft: Scrap Book Making (CL) 3:00 Knitting Club (CL) 3:00 Pet Visits with Daisy</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Bingo (M) 1:00 Card Games: Bridge & Uno (CL) 2:00 Live Lecture with Professor Cammy (PL) 3:00 Jewelry Making (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Boggle (CL) 1:30 Chair Yoga (M) 2:00 July Birthday Party with Music From Larry Garnett (PL) 3:00 Table Bowling (TC)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Catholic Mass (C) 1:00 Craft: Painting (CL) 3:00 Card Game: Euchre (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:00 Anna's Travelling Shop (CL) 10:30 Bingo (M) 1:00 Cards with Friends (TC) 2:00 Water Party with Popsicles (P)</p> | <p>9:15 Online Exercise (M) 10:30 Brain Puzzles (CL) 1:00 Cards with Friends (CL) 2:00 Bingo (CL) 3:00 Card Game: Euchre (CL)</p> | |
| <p>9:15 Online Exercise (M) 10:30 Word Searches (CL) 1:00 Cards with Friends (CL) 2:00 Bingo (CL) 3:00 Card Game: Bridge (CL)</p> | <p>9:15 Chair Exercise with Maureen (M) 10:30 Boggle (CL) 2:00 Bingo (M) 3:00 Knitting Club (CL) 3:00 Pet Visits with Daisy</p> | <p>July Birthdays</p> <p>July 2nd – Cecilia Gorman July 10th – Anita Kertzer July 14th – Bonnie Chevrier July 16th – Mahmood Haerian – Ardakani July 18th – Keith Peverley July 31st – Marina Kouri</p> | | | | | |
| <p>Euchre & Bridge Club</p> <p>We are looking to start a Euchre and Bridge Club. We need at least 4 players for each game. Please sign up at front desk if you are interested.</p> | | | | | | | |